

THE BEST PIZZA IS FORGED IN FIRE

PLUS QUIRKY NEW SPOT IRVINGTON. PAGES 17-20



metro

NEW YORK CITY No. 1 FREE DAILY IN THE US

Thursday, March 26, 2015 www.metro.us | t: MetroNewYork | f: MetroNewYork

Limited Time Offer

**FREE
Teeth
Whitening**

*with Cleaning, X-ray
and Exam*

(most ppo insurance accepted)

Call: 212-683-2530

New Patient Special

Manhattan Dental Spa,
200 Madison Ave, Suite 2201
NY, NY 10016

Community. A neighborhood-based program allows people on probation to promote self-expression through performance. NeON serves seven communities throughout the five boroughs. PAGE 02



Shining a NeON spotlight on reform

Daniel Clark plays the bass guitar as part of NeON Arts, a project of the NYC Department of Probation that offers young people the chance to explore the arts. / BESS ADLER, METRO

Urban archeologist holds epic yard sale

PAGE 04

Tales of the Police from Andy Summers

PAGE 15

1D down one member with Zayn Malik's exit

PAGE 16



Fantasy baseball: Avoid risks early on

PAGE 25

1 NEWS

Top 3

The best of Metro.us

1 'Why Zayn Malik is leaving One Direction'

2 'All the Iggy Azalea trivia you could possibly want'

3 Review: "'While We're Young' is another terrifying Noah Baumbach comedy'



Get the latest

Want to read the latest news on your mobile device? Get the free Metro App! Find out what happened while you were sleeping and get the latest in news, sports, lifestyle and entertainment. Just search for Metro US in the App Store or Google Play.



Bronx youth performed in Carnegie Hall's Resnick Education Wing as part of NeON Arts, a project of the NYC Department of Probation that offers young people in New York City the chance to explore the arts. Taqiy Witter (top, right) and poet Tahara Lilly (bottom), also performed. / BESS ADLER, METRO



Keeping life on the straight and narrow

Community.

New Yorkers on probation are expressing themselves through poetry, film and music.

Carnegie Hall was illuminated Tuesday night by the songs and words of New Yorkers who were working to keep their rough pasts far behind them.

The performance was held in the Education Wing — a 10th-floor space overlooking Seventh Avenue. As the sun set across Central Park, members of the Renaissance Youth Choir performed Rihanna and Michael Jackson songs, poets with Free Verse recounted life on the streets and documentary films screened on topics such as racism, the struggles of being a single parent and homelessness in the wake of Hurricane Sandy. An audience of about 100 clapped along and cheered in encouragement after each performer finished.

Unite and conquer

The programs work, according to Tim Salyer, assistant commissioner at the NYC Department of Probation, because they bring together people who are on probation with other community members, as well as police officers and probation officers involved with the programs.

- "Before probation, our

clients would come to our office because they had to," Salyer said. "But when we bring these services to our clients and say, 'Hey, we've got songwriting classes, documentary classes, you can finish high school,' they're coming three days a week because they want to."

Quoted

"I didn't know how much I was holding in, and when you finally release it on paper, it was like a breakthrough."

Lilly

The show wrapped up 12 weeks of classes at South Bronx NeON, a program that allows people on probation, as well as other community members, to take classes in different areas of the arts as a way to promote self-expression, and also learn social and

career skills.

Tahara Lilly, 32, read a poem about the timeline of her life, recounting getting arrested for the first time at age 13, celebrating her 18th birthday behind bars with Little Debbie cakes and finally getting out when she was 23 and becoming a mother.

Lilly said she wasn't a poet until she tried to write a few years ago at Free Verse. The poetry workshop is located in the waiting room of the South Bronx NeON on 161st Street, a probation officer check-in and community center, where she was taking GED classes.

"When I finally, actu-

ally, really started writing, I started writing about myself and it was a reliever," Lilly said. "I didn't know how much I was holding in, and when you finally release it on paper, it was like a breakthrough."

Lilly, who failed her GED four times, said she's now working on a collection of poems.

Daniel Clark, now 20, said he had anger problems as a teenager, and started skipping school and getting into trouble. He learned to play the bass about five years ago at a residential school in Dobbs Ferry, and played in the Renaissance Youth Center band on Tuesday.

"It's the best thing ever," Clark said of the supportive experience at the music center, which primarily serves Morrisania. "They support me ... a lot of people don't have that connection."

Clark, who finished high school last year and is hoping to start taking massage therapy classes, said the program keeps him from not having anything to do in the neighborhood, which got him into trouble in the first place.

On the up and up

Residents glow with NeON

The South Bronx Neighborhood Opportunity Network (NeON) opened in August 2012. It allows people on probation to meet with their probation officers in community settings.

Of the 7,500 people on probation in the Bronx, about 80 participated in the third round of NeON programs. A fourth starts next week.

The neighborhood probation programs serve seven communities in the city and the program's \$500,000 budget comes from a grant by the George Soros' Open Society Foundations, with 80 percent going to arts programs.



WENDY JOAN BIDDLECOMBE
Wendy.Biddlecombe@metro.us

WHAT ARE YOU WAITING FOR?

DICK BRENNAN

ALICE GAINER

NEWS @ 9:00



cbsnewyork.com



Most of my patients say
"I wish I had
done this
sooner!"

**Your
Local Vein
Expert**

Varicose Veins be Gone.

Do you suffer from?

- Veins that are dark purple or blue in color
- Veins that appear twisted and bulging
- An achy or heavy feeling in your legs
- Burning, throbbing, muscle cramping and swelling in your lower legs
- Worsened pain after sitting or standing for a long time
- Skin ulcers near your ankle

All of these can mean you have a serious form of Vascular Disease that Requires Medical Attention.

New York City's

Premier Vein Only Practice

Most Insurance Accepted!

FAST, NON-INVASIVE TREATMENTS FOR

Varicose Veins • Spider Veins • Facial Veins

DAVID M. GLASS, MD, FACS

Board Certified Vascular Surgeon

25 Years of Experience



BROOKLYN / MANHATTAN / BRONX

1-718-996-4400
www.NewYorkVeinCenter.org



©COPYRIGHT 2013, NEW YORK VEIN CENTER. ALL RIGHTS RESERVED
DOWNLOAD THE NYVC APP IN THE APPLE APP STORE

Archeologist. Gil Shapiro holding the mother of all yard sales

Gil Shapiro is an urban archeologist of international renown.

No, not old toasters and Coca Cola bottles of yore. We're talking big stuff: two-ton statues, stunning light fixtures, wrought iron gates, gargoyles, even old luxury liner portholes.

He turned his knack for seeing beauty and value in what other people considered out-of-style relics — or even trash — into big business.

So in 1978 the urban archeologist opened a store in SoHo. And, yep, he called it "Urban Archeology."

And now, four more stores, a custom replica factory and nearly three decades later, he's holding the yard sale to end all yard sales. And yep, it's also called "Urban Archeology."

The one difference? He's not rolling up a garage door and putting sticker price tags on his amazing collection. He's



Shapiro, seen here with a chandelier from around 1918.
MILES DIXON, METRO

Urban Treasures

- St. Patrick's Cathedral Iron Gates. Could get \$90G.
- Chrysler Building Art Deco Pendant. Starting at \$8G.
- An antique grand chandelier (c.1918). \$60G-\$80G

holding an international auction at world-famous Guernsey's.

And what's on the block is an eye-popping collection that, quite honestly, most of us can't afford (although there are some light fixtures for \$300). But we can dream.

"My biggest problem is my wife," Shapiro said. "I'm a hoarder and she's a minimalist!"

JOHN A. OSWALD

Are you HIV positive?
Need help paying for medication or health insurance?
ASCNYC is here for you.



Through our Access-To-Health Care program, you can:

- Get health insurance, housing, food, MetroCards and more
- Connect to quality medical care
- Find affordable medication

ASCNYC
positive change

Call or visit today!

212.645.0875 • www.ascnyc.org

GET CONNECTED. GET INFORMED. STAY HEALTHY.

All services are free, confidential, and easy. We speak English, Spanish, French, and Haitian Creole. We're conveniently located, with offices in Herald Square, East Harlem, Washington Heights, and the Lower East Side.

This publication was supported by grant number X07HA00025 from the U.S. Health Resources and Services Administration (HRSA). This grant is funded through Title II of the Ryan White Comprehensive AIDS Resources Emergency Act of 1990, as amended by Part B of The Ryan White HIV/AIDS Treatment Extension Act of 2009. Its contents are solely the responsibility of Health Research, Inc. and do not necessarily represent the official view of the funders.

freshdirect.com®
Your Online Grocer™

SPRING

INTO THE HOLIDAYS!

Spend more time celebrating and less time at
the store—get your groceries delivered.

Order & Save
\$25⁰⁰ OFF*

your first order of \$99+

.....
CODE: METRO25
.....

*\$25 Off Offer is a limited-time offer for first-time residential customers in the FreshDirect delivery areas. Expires on 4/15/2015. May not be combined with any other promotion code. Valid only for your first order. Valid only for orders totaling \$99 or more before taxes. \$25 is taken off first order. Limit: one per customer/household. All standard customer terms and conditions apply. FreshDirect reserves the right to cancel or modify the offer at any time. Void where prohibited. Offer is nontransferable. ©2015 Fresh Direct, LLC

MAKE A CHANGE

Get started with Star Career Academy

Train for a Career
in Culinary!

PROFESSIONAL COOKING

COMMERCIAL COOKING



In 2014, we had over **1500 graduates** employed in their related field of study.

(212) 430-3675

StarCareer.edu
154 West 14th St.
New York, NY 10011
Main Campus



STAR
CAREER ACADEMY

For more information about our graduation rates, the median debt of students who completed the program, and other important information, please visit our website at www.starcareer.edu/faq.

Video

Cardinal, Cuomo in school tax credit rift

New York Cardinal Timothy Dolan stars in a new "substantial" TV ad buy that calls on Gov. Andrew Cuomo to get an education tax credit passed for parents who send their kids to private school.

And he and other bishops from around the state plan a Palm Sunday Mass blitz this weekend with a letter to churchgoers.

Dolan, the head of New York's powerful Catholic Archdiocese, all but calls the governor, who is also Catholic, a liar in the TV ad.

"Gov. Cuomo had assured us that he would fight for an innovative plan to help these students," Dolan says. "But when the state budget was done, we were left out."

METRO

MTA. Gap could be wider than expected

Just days after the MTA raised MetroCard rates, a nonprofit budget group is saying the MTA's capital program could have even less money than expected.

The Citizens Budget Commission (CBC) has released a report that estimates the capital funding gap could be \$19 billion — nearly \$4 billion more than the deficit anticipated by the MTA board, which passed a five-year capital plan with a \$15.2 billion gap last fall.

The report found the MTA has enough cash to fund the first three years of the 2015-2018 funding period, but questions whether the MTA can keep setting aside \$290 million a year to fund the capital projects, which funds improvements such as the Second Avenue Subway and LIRR extension to Grand Central.

"The most important part at the end of the day



is the MTA can't pay for themselves," said Nick Sifuentes, deputy director at Riders Alliance. "Whether it's a \$19 billion gap or a \$15 billion gap, the MTA needs something to fill that gap."

Sifuentes said more fare hikes, which the MTA is planning to raise every other year, is "regressive."

The CBC issued recommendations on how the MTA can raise an additional \$1 billion, either through higher vehicle registration or gas taxes.

WENDY JOAN BIDDLECOMBE

Council Member Annabel Palma, Food Bank For New York City, and The City University of New York invite you to

FREE* Tax Preparation
Saturday, March 28, 2015

10 am-4 pm

DIRECTIONS:

BX4 to Parkchester or 6 train to Parkchester

Food Bank For New York City Tax & Financial Services Center
7 Hugh Grant Circle, 2nd Fl.
Bronx, NY 10462

Food Bank For New York City 646-315-7703 Council Member Palma's office 718-792-1140

For more information about additional locations, dates and times for ongoing free tax preparation, call 646-315-7703 or visit www.foodbanknyc.org/taxhelp

We do not prepare the following returns: Itemized returns; Schedule C (Profit or Loss from Business - except limited Schedule C for child-care providers and taxi drivers); Complicated & Advanced Schedule D (Capital Gains and Losses); Schedule E (Rents & Losses); Form SS-5 (request for Social Security number); Form 2106 (Employee Business Expenses); Form 3903 (Moving Expenses); Form 8606 (Nondeductible IRAs); Form 8615 (Minor's investment income).

* Qualified people will get their taxes completed for FREE.

Income limits:

- \$53,000 with dependents
- \$20,000 without dependents

To qualify you must have the following:

- If filing jointly with a spouse, both of you must be present with photo IDs.
- Social Security cards or ITIN (or copies) for you and your spouse if filing jointly and anyone you are claiming on your tax return, or a letter from the Social Security Administration.
- W-2s for all jobs you held in 2014.
- Form 1099-G if you received unemployment insurance in 2014.
- Form 1099-INT if you received interest from a bank account in 2014.
- Form 1098-T if you paid tuition.
- Form 1098-E if you paid student loan interest.
- If you are claiming child-care expenses, amount you paid and child-care agency's ID or name and Social Security number of the babysitter.



**SKIP
LUNCH
FIGHT
HUNGER**

RESCUING
FOOD FOR
NEW YORK'S
HUNGRY
**CITY
HARVEST**
cityharvest.org

THIS IS NYC'S NEW POWER LUNCH.

#SKIPLUNCHFIGHTHUNGER

MAY 11-15 | CITYHARVEST.ORG/SKIPLUNCH

Turn your regular lunch into a power lunch by starting a *Skip Lunch Fight Hunger* team.

New Yorkers know how to get things done, even on our lunch break. And this summer, tens of thousands of hungry kids need you to do just that. Donate the cost of one \$15 lunch and you'll have the power to help feed 60 kids. Get 5 coworkers to join? That's 300 kids. So come on NYC, let's do lunch.

START YOUR TEAM AT CITYHARVEST.ORG/SKIPLUNCH



Skip Lunch Fight Hunger 2015
is generously supported by:



BLACKROCK®



Better gym. Better price.

\$19⁹⁵

month-to-month
membership!



**new york
sports clubs®**

Available in Westchester, LI, CT, NJ, NY and
select Manhattan clubs.
NYSC.com

Investigators hope cockpit tape will unravel crash riddle



German Chancellor Angela Merkel and French President Francois Hollande disembark from a helicopter near the site of the German airliner that crashed in the French Alps. / GETTY IMAGES

No survivors. Three
Americans are
among the dead in
Germanwings crash.

Germans

72

Germanwings said 72 Germans were killed in Tuesday's crash. Spanish officials said 51 Spaniards were among the victims.

Investigators have retrieved cockpit voice recordings from one of the black boxes of the German Airbus plane that smashed into the Alps, killing everyone onboard, and they expect a preliminary readout of their content in days, an official said on Wednesday.

The development came as French President Francois Hollande, Germany's Angela Merkel and Spain's Maria

no Rajoy traveled to the crash site in a remote French Alpine region to pay tribute to the 150 victims, mostly German and Spanish.

As well as Germans and Spaniards, victims included three Americans, a Moroccan and citizens of Britain, Argentina, Australia, Belgium, Colombia, Denmark, Israel, Japan, Mexico, Iran and the Netherlands, officials said. However, DNA checks to identify them could take weeks, the French government said.

Lufthansa CEO Carsten Spohr described the crash as incomprehensible and said Lufthansa has never lost a plane during the cruise stage of flight.

"This represents the darkest hours in the 60-year history of our Lufthansa group. We are still in a state of shock," he said.



EMILY SELKE, A RECENT
GRADUATE OF DREXEL
UNIVERSITY IN PHILADELPHIA,
IS AMONG THE THREE AMERICANS
KILLED IN THE CRASH. / FACEBOOK

REUTERS

TELL YOUR
VARICOSE VEINS:
NO MORE!

- ✱ Pain
- ✱ Swelling
- ✱ Itching
- ✱ Burning
- ✱ Cramping
- ✱ Heaviness
- ✱ Ulcers
- ✱ Spider Veins
- ✱ Restlessness

212.204.6501 ¡Hablamos Español!

- Certified by the American Board of Venous & Lymphatic Medicine
- Most insurances accepted including Medicare



**ADVANCED
VARICOSE VEIN**
TREATMENTS OF MANHATTAN

111 John St. Ste 1450 (bet Cliff & Pearl St)
New York, NY 10038

TreatmentsOfManhattan.com

DRLEV@TREATMENTSOFMANHATTAN.COM

Limited Mintage Striking...

WORLD'S FIRST

The 2015 \$100 SILVER PROOF



Collectible
2015 date

Mirrored proof
background

Larger Franklin
portrait

Liberty Bell, quill pen
& July 4th date

Minted in one Troy ounce
of .999% fine silver

Actual size is 6" x 2 1/2"

GovMint.com Announces the Limited Mintage Striking of an Extraordinary Silver Proof—the Newest United States \$100 Bill Struck in 99.9% Pure Silver. Discount Price \$99



This extraordinary piece of pure silver has a surface area that exceeds 15 square inches...and it contains one Troy ounce of pure silver!

And now, during a limited strike period, the very first

Year 2015 \$100 Silver Proof is available from GovMint.com at a special discount price—only \$99!

Exquisite Detail

The historic 2015 \$100 Silver Proof is an exquisite adaptation of the United States Treasury's recently redesigned \$100 Federal Reserve Note—only the third new \$100 bill design in 100 years. It is a true artistic masterpiece that will always be treasured.

99.9% Silver

Best of all, this stunning Silver Proof is even more beautiful than the original, because it's struck in precious silver!

It is a landmark in proof minting, combining unprecedented weight with extraordinary dimension. The specifications for this colossal medallion proof are unparalleled.

Each one:

- Is Individually Struck from Pure .999 Silver.
- Weighs one Troy ounce.
- Has a Surface Area That Exceeds 15 Square Inches.
- Contains 31.10 Grams (480 Grains) of Pure Silver.
- Is Individually Registered and Comes With a Numbered Certificate of Authenticity.
- Is Fully Encapsulated to Protect Its Mirror-Finish.
- Includes a Deluxe Presentation Case.

Advance Strike Discount

The price for the 2015 \$100 Silver Proof will be set at \$129 per proof.

However, if you place your order now, you can acquire this giant silver proof at the special advance strike discount price—only \$99..

NOTE TO COLLECTORS: When you place your order for the \$100 silver proof, it will be processed immediately, and the earliest orders will receive the coveted lowest registration numbers.

Additional Discounts

Substantial additional discounts are available for serious collectors who wish to acquire more than one of these exquisite silver proofs.

Year 2015 \$100 Silver Proof

1-4 proofs - \$99 each + s/h
5-9 proofs - \$95 each + s/h
10+proofs - \$89 each + s/h

There is a limit of twenty \$100 Silver Proofs per order, and all orders are subject to acceptance by GovMint.com.

Only 9999 Available

GovMint.com will limit striking to only 9999 One Troy Ounce Silver Proofs for the year 2015. Once the edition is sold out, no more 2015 silver proofs can ever be struck. Orders only will be accepted on a strict first-come, first-served basis according to the time and date of the order. Call today for fastest order processing.

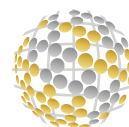
For fastest service call today toll-free

1-800-514-6468

Offer Code FRN167-01
Please mention this code when you call.

GovMint.com • 14101 Southcross Dr. W. Dept. FRN167-01 • Burnsville, Minnesota 55337

Prices and availability subject to change without notice. Past performance is not a predictor of future performance. NOTE: GovMint.com® is a private distributor of worldwide government coin and currency issues and privately issued licensed collectibles and is not affiliated with the United States government. Facts and figures deemed accurate as of October 2014 ©2015 GovMint.com.



GOVMINT.COM®

THE BEST SOURCE FOR COINS WORLDWIDE™

Trouble breathing through your nose?



Why suffer with a problem when we have solutions?

At **eos sinus**, we diagnose and treat the many causes of nasal and sinus disorders such as deviated septum, sinusitis, nasal obstruction, nasal polyps and more. After an expert evaluation, our physicians consider all your options before recommending a treatment plan that's right for you. Our wide range of safe and minimally invasive treatments, including Balloon Sinuplasty™, have proven to be effective for many of our patients.

866-eos-sinus (866-367-7468)
eosinus.com

Most Insurance Plans Accepted

If you think you are suffering from sinus problems, visit our website and take our quick and simple Sino-Nasal Outcome Test.

eos sinus

For the treatment of nasal and sinus disorders

Better Diagnosis. Better Treatments. Better Results.

20 EAST 66TH STREET NYC • 262 CENTRAL PARK WEST NYC
589 BROADWAY NYC

833 NORTHERN BLVD GREAT NECK

metro

www.metro.us
Thursday, March 26, 2015

NEWS 10

Former war prisoner Sgt. Bergdahl faces desertion charges

Charges. Desertion carries a max prison term of five years, misbehavior count carries a max term of life in prison.

U.S. Army Sergeant Bowe Bergdahl, a former Taliban prisoner in Afghanistan, was formally charged on Wednesday with desertion and misbehavior before the enemy, and faces a maximum sentence of life in prison if convicted of the most serious count, the Army said.

Bergdahl's attorney, Eugene Fidell of Yale Law School, said the Army had scheduled an Article 32 investigation, similar to a ground jury proceed-

ing in civilian law, to determine whether there was sufficient evidence to proceed with a court-martial on the charges. The initial hearing is set for April 22, he said.

Bergdahl, 28, was released from Taliban custody last summer in a controversial prisoner swap that saw five Taliban prisoners held at Guantanamo Bay, Cuba transferred to Qatar, where they were required to remain for a year.

REUTERS



BERGDahl DISAPPEARED ON JUNE 30, 2009, FROM COMBAT OUTPOST MEST-LALAK IN PAKTIKA PROVINCE IN EASTERN AFGHANISTAN AND WAS SUBSEQUENTLY CAPTURED. / GETTY IMAGES

Did you know there is a
SATISFYING TREATMENT
for Erectile Dysfunction?¹



For men with erectile dysfunction (ED), medication is not the only answer and may not work for some patients.^{2,3,4} The inflatable penile pump/implant is a treatment that hundreds of thousands of men have chosen as a successful way to return to an active sex life.⁵

Get the facts on how a treatment for ED may significantly improve your sexual satisfaction.

Attend a FREE Men's Health Seminar:

Presented by: Seth D. Cohen, M.D., M.P.H.

Wednesday, April 1, 2015 • Registration: 6:30 p.m.; Seminar: 6:45 p.m.
NYC Seminar and Conference Center - Seminar Room A
71 West 23rd Street, New York, NY 10010

Partners and guests welcome. Refreshments will be served.

Space is limited, call to register today. 1-877-433-2873

1. AMS 700® Patient Manual. Information and Instructions for Patients Considering an Inflatable Penile Prosthesis. American Medical Systems. 2012.

2. Viagra® Prescribing Information, Pfizer Inc. Revised January 2010.

3. Cialis® Prescribing Information, Lilly USA, LLC. Revised October 2011.

4. Levitra® Prescribing Information, Bayer HealthCare Pharmaceuticals. Revised November 2011.

5. Penile prosthesis. <http://www.essm.org/society/esham/males/oraltreatments/penileprosthesis.html>.

European Society for Sexual Medicine (ESSM) Web site. Downloaded May 2013.

American Medical Systems, Inc. has sponsored funding for this patient seminar and accompanying educational material. As with any medical procedure, there are benefits and risks. Visit EDCure.org or consult your physician for more information.

AMS
an endo international company

Rx Only

™The denoted marks are trademarks or registered trademarks of American Medical Systems, Inc.

© 2014 American Medical Systems, Inc. All Rights Reserved. Minnetonka, MN 55343

AMSUS/MH-00170c/November 2014

www.AmericanMedicalSystems.com 1-800-328-3881 • U.S. Use Only

Clinical Research Opportunity for Women

Do you suffer from uterine fibroids?

DO YOU EXPERIENCE?

- Heavy or abnormal periods
- Abdominal pain and pressure
- Increased need to urinate with your periods

UTERINE FIBROIDS

- Negatively impact your quality of life
- Doctors in your area are looking for women to participate in a clinical research study.
- All investigational medication and study-related care is provided at no cost. Compensation for time and travel may be available.



To see if you qualify, visit
www.VenusResearchStudy.com

or call

(800) 221-6705

Do You Have Painful, Bulging, Swollen Varicose Veins?

Besides being unsightly and uncomfortable, varicose veins can be a warning sign of a condition called Venous Insufficiency that claims over half a million lives each year.



Do you have any of these symptoms?

Check all the boxes that apply to you:



Put an end to Varicose Veins at USA Vein Clinics!

- ☐ Varicose
- ☐ Heaviness and Swelling
- ☐ Spider Veins
- ☐ Skin Discoloration
- ☐ Itching and Burning
- ☐ Ulcers and Blood Clots
- ☐ Leg Pain and Cramps
- ☐ Problem Walking Long Distances



Our minimally invasive non-surgical procedure will have you looking and feeling better in less than 15 minutes.

Don't wait for complications ...call now!

Covered by Medicare and Most Insurance Plans

Call (917) 717-5135

www.USAVeinClinics.com

Open Saturdays

New York:

1153 First Avenue, Manhattan, NY 10065
2511 Ocean Ave, Ste 102, Brooklyn, NY 11229
2444 86th St, Ste A, Bensonhurst, NY 11214
116-02 Queens Blvd, Forest Hills, NY 11375

NEW LOCATION

1975 Hylan Blvd, Staten Island, NY 10306

New Jersey:

766 Shrewsbury Ave, Ste 300,
Tinton Falls, NJ 07724



Five things you need to know

Facing resistance, U.S. pushes to meet deadline for Iran deal

The United States will struggle to secure a framework nuclear deal between Iran and major powers by a March 31 deadline, due to resistance from Tehran and skepticism among other countries, officials said.

With the two sides resuming negotiations this week, Washington is under pressure as it pushes for the political framework agreement that would lay the foundations for a full deal with Iran by June 30.

The aim is to curb Iran's sensitive nuclear activities for at least a decade in exchange for an end to sanctions that have crippled its economy. However, Supreme Leader Ayatollah Ali Khamenei has rejected

the idea of two accords, fearing a framework agreement would remove Tehran's ability to negotiate on details, Iranian officials say.

France, which blocked an interim deal in 2013 until changes were made, has doubts about trying to secure the framework agreement at the talks in Lausanne, Switzerland. It has suggested focusing on the June deadline. **REUTERS**



AYATOLLAH
ALI KHAMENEI
GETTY IMAGES

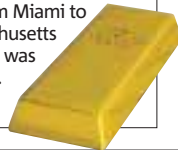
FBI offers \$25K reward for tips on N. Carolina gold heist

The Federal Bureau of Investigation said it was offering up to \$25,000 for information about the recent theft of an estimated \$4.9 million in gold from an armored truck parked along a highway in North Carolina.

Authorities are searching for robbers who they said attacked an armored truck stopped on the side of a remote stretch of Interstate 95 near Wilson on March 1 and took off with the valuable gold bars.

The truck was traveling from Miami to Massachusetts when it was robbed.

REUTERS



Facebook expands messaging service features

Facebook on Wednesday opened its Messenger service for developers to create apps and for consumers to communicate directly with retailers, in the social media network's latest effort to expand its reach.

The push to transform Facebook's messaging service into one that operates independently of the company's social media network comes as it faces intensifying competition from Twitter and Google.

REUTERS

Wisconsin state trooper, bank robbery suspect die in shootout

A recently graduated Wisconsin State Patrol officer and a suspect in two bank robberies were killed in an exchange of gunfire outside a store in Fond du Lac, authorities said on Wednesday.

Trooper Trevor Casper was shot on Tuesday night after pursuing a car matching the description of one driven by the suspect in a bank robbery committed earlier that day.

Casper and the suspect both suffered fatal wounds in the shootout.

REUTERS



CASPER
DEPT. OF JUSTICE

Kraft to combine with Heinz

Ketchup maker H.J. Heinz Co., owned by 3G Capital and Warren Buffett's Berkshire Hathaway Inc., is acquiring a majority stake in Kraft Foods Group Inc to create the third-largest North American food company, executives said on Wednesday.

The deal would provide Heinz with access to Kraft brands. Heinz's international presence provides an opportunity to sell those brands overseas.

Kraft stockholders would get one share in the combined company, to be called the Kraft Heinz Co. **REUTERS**




"An Apple a Day..."
Talk to your doctor about new preventive services Medicare offers this year.

Preventive health services offered in 2015 covered at 100%:

- Annual Wellness Visit
- Shots (Flu, Pneumococcal, Hepatitis B)
- Second Pneumococcal vaccine one year after first vaccine was administered
- Screening for Hepatitis C Virus (HCV)
- Bone Mass Measurement
- Colon Cancer Screening
- Breast Cancer Screening (Mammograms)
- Smoking cessation (stop smoking) counseling and more

Free, impartial, expert guidance for your Medicare questions:
NYC Health Insurance Counseling and Assistance Program [HICAP]

For more information on HICAP services, call 311
and ask for HICAP or visit us on the web at www.nyc.gov/aging
Información disponible en español - llame al 311



DIVINITUS:

Divine influence, admirably, nobly, by inspiration



Helping Companies Achieve Their Full Potential

INVESTMENT FIRM LOOKING TO INVEST IN BUSINESSES

Investment group looks to take an equity position in your company. Whether you are a start up, an established business, looking to buy out a partner, or purchase a franchise, we are willing to make an initial investment up to \$100,000. Our goal is to provide the resources to guarantee the success of your entrepreneurial venture.

Only business located in the five boroughs, Nassau, and Suffolk County will be eligible to apply.

For more details, please email
DivinitusInvestments@gmail.com
with your contact information, a short description of your business, and what you hope to achieve with the initial investment funds.

FOR ADULTS WITH TYPE 2 DIABETES

Januvia® works
when my
blood sugar
is HIGH...

...and works less
when my
blood sugar
is LOW.

Actor portrayal.

JANUVIA works by enhancing your body's own ability to lower blood sugar.

- JANUVIA is a prescription pill you take **once a day**.
- JANUVIA, along with diet and exercise, helps lower blood sugar in adults with type 2 diabetes.
- JANUVIA, by itself, is not likely to cause blood sugar going too low (hypoglycemia), because it works less when blood sugar is low.
- JANUVIA, by itself, is not likely to cause weight gain.

JANUVIA (jah-NEW-vee-ah) should not be used in patients with type 1 diabetes or with diabetic ketoacidosis (increased ketones in the blood or urine). If you have had pancreatitis (inflammation of the pancreas), it is not known if you have a higher chance of getting it while taking JANUVIA.

Selected Risk Information About JANUVIA

Serious side effects can happen in people who take JANUVIA, including pancreatitis, which may be severe and lead to death. Before you start taking JANUVIA, tell your doctor if you've ever had pancreatitis. Stop taking JANUVIA and call your doctor right away if you have pain in your stomach area (abdomen) that is severe and will not go away. The pain may be felt going from your abdomen through to your back. The pain may happen with or without vomiting. These may be symptoms of pancreatitis.

Do not take JANUVIA if you are allergic to any of its ingredients, including sitagliptin. Symptoms of serious allergic reactions to JANUVIA, including rash, hives, and swelling of the face, lips, tongue, and throat that may cause difficulty breathing or swallowing, can occur. If you have any symptoms of a serious allergic reaction, stop taking JANUVIA and call your doctor right away.

Kidney problems, sometimes requiring dialysis, have been reported.

If you take JANUVIA with another medicine that can cause low blood sugar (hypoglycemia), such as a sulfonylurea or insulin, your risk of getting low blood sugar is higher. The dose of your sulfonylurea medicine or insulin may need to be lowered while you use JANUVIA. Signs and symptoms of low blood sugar may include headache, drowsiness, weakness, dizziness, confusion, irritability, hunger, fast heart beat, sweating, and feeling jittery.

Please read the Medication Guide on the adjacent page for more detailed information.

Merck Helps™ | Having trouble paying for your Merck medicine?
Merck may be able to help. www.merckhelps.com

Your doctor may do blood tests before and during treatment with JANUVIA to see how well your kidneys are working. Based on these results, your doctor may change your dose of JANUVIA. The most common side effects of JANUVIA are upper respiratory tract infection, stuffy or runny nose and sore throat, and headache.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

**Pay as little as \$5
per prescription.***

Visit Januvia.com/savings

*Maximum savings are limited. Not valid for patients who are uninsured or patients with Medicare or other Government Program insurance. Other eligibility restrictions and Terms and Conditions apply.

**JANUVIA is the most prescribed branded^a
type 2 diabetes pill.^b**

^aExcludes generics.

^bSource: IMS Health, NPA™ Monthly, TRx, Nov 2013–Oct 2014.

Talk to your doctor about JANUVIA today.

Januvia
(sitagliptin)
25 mg, 50 mg, 100 mg tablets



Medication Guide

JANUVIA® (jah-NEW-vee-ah) (sitagliptin) Tablets

Read this Medication Guide carefully before you start taking JANUVIA and each time you get a refill. There may be new information. This information does not take the place of talking with your doctor about your medical condition or your treatment. If you have any questions about JANUVIA, ask your doctor or pharmacist.

What is the most important information I should know about JANUVIA?

Serious side effects can happen in people taking JANUVIA, including inflammation of the pancreas (pancreatitis) which may be severe and lead to death.

Certain medical problems make you more likely to get pancreatitis.

Before you start taking JANUVIA:

Tell your doctor if you have ever had

- pancreatitis
- stones in your gallbladder (gallstones)
- a history of alcoholism
- high blood triglyceride levels
- kidney problems

Stop taking JANUVIA and call your doctor right away if you have pain in your stomach area (abdomen) that is severe and will not go away. The pain may be felt going from your abdomen through to your back. The pain may happen with or without vomiting. These may be symptoms of pancreatitis.

What is JANUVIA?

- JANUVIA is a prescription medicine used along with diet and exercise to lower blood sugar in adults with type 2 diabetes.
- JANUVIA is not for people with type 1 diabetes.
- JANUVIA is not for people with diabetic ketoacidosis (increased ketones in your blood or urine).
- If you have had pancreatitis (inflammation of the pancreas) in the past, it is not known if you have a higher chance of getting pancreatitis while you take JANUVIA.
- It is not known if JANUVIA is safe and effective when used in children under 18 years of age.

Who should not take JANUVIA?

Do not take JANUVIA if:

- you are allergic to any of the ingredients in JANUVIA. See the end of this Medication Guide for a complete list of ingredients in JANUVIA.

Symptoms of a serious allergic reaction to JANUVIA may include:

- rash
- raised red patches on your skin (hives)
- swelling of the face, lips, tongue, and throat that may cause difficulty in breathing or swallowing

What should I tell my doctor before taking JANUVIA?

Before you take JANUVIA, tell your doctor if you:

- have or have had inflammation of your pancreas (pancreatitis).
- have kidney problems.
- have any other medical conditions.
- are pregnant or plan to become pregnant. It is not known if JANUVIA will harm your unborn baby. If you are pregnant, talk with your doctor about the best way to control your blood sugar while you are pregnant.

Pregnancy Registry: If you take JANUVIA at any time during your pregnancy, talk with your doctor about how you can join the JANUVIA pregnancy registry. The purpose of this registry is to collect information about the health of you and your baby. You can enroll in this registry by calling 1-800-986-8999.

- are breast-feeding or plan to breast-feed. It is not known if JANUVIA will pass into your breast milk. Talk with your doctor about the best way to feed your baby if you are taking JANUVIA.

Tell your doctor about all the medicines you take, including prescription and non-prescription medicines, vitamins, and herbal supplements.

Know the medicines you take. Keep a list of your medicines and show it to your doctor and pharmacist when you get a new medicine.

How should I take JANUVIA?

- Take JANUVIA 1 time each day exactly as your doctor tells you.
- You can take JANUVIA with or without food.
- Your doctor may do blood tests from time to time to see how well your kidneys are working. Your doctor may change your dose of JANUVIA based on the results of your blood tests.
- Your doctor may tell you to take JANUVIA along with other diabetes medicines. Low blood sugar can happen more often when JANUVIA is taken with certain other diabetes medicines. See **“What are the possible side effects of JANUVIA?”**.
- If you miss a dose, take it as soon as you remember. If you do not remember until it is time for your next dose, skip the missed dose and go back to your regular schedule. Do not take two doses of JANUVIA at the same time.
- If you take too much JANUVIA, call your doctor or local Poison Control Center right away.
- When your body is under some types of stress, such as fever, trauma (such as a car accident), infection or surgery, the amount of diabetes medicine that you need may change. Tell your doctor right away if you have any of these conditions and follow your doctor's instructions.
- Check your blood sugar as your doctor tells you to.

- Stay on your prescribed diet and exercise program while taking JANUVIA.
- Talk to your doctor about how to prevent, recognize and manage low blood sugar (hypoglycemia), high blood sugar (hyperglycemia), and problems you have because of your diabetes.
- Your doctor will check your diabetes with regular blood tests, including your blood sugar levels and your hemoglobin A1C.

What are the possible side effects of JANUVIA?

Serious side effects have happened in people taking JANUVIA.

- See **“What is the most important information I should know about JANUVIA?”**.
- **Low blood sugar (hypoglycemia).** If you take JANUVIA with another medicine that can cause low blood sugar, such as a sulfonylurea or insulin, your risk of getting low blood sugar is higher. The dose of your sulfonylurea medicine or insulin may need to be lowered while you use JANUVIA. Signs and symptoms of low blood sugar may include:
 - headache
 - drowsiness
 - weakness
 - dizziness
 - confusion
 - irritability
 - hunger
 - fast heart beat
 - sweating
 - feeling jittery
- **Serious allergic reactions.** If you have any symptoms of a serious allergic reaction, stop taking JANUVIA and call your doctor right away. See **“Who should not take JANUVIA?”**. Your doctor may give you a medicine for your allergic reaction and prescribe a different medicine for your diabetes.
- **Kidney problems**, sometimes requiring dialysis

The most common side effects of JANUVIA include:

- upper respiratory infection
- stuffy or runny nose and sore throat
- headache

JANUVIA may have other side effects, including:

- stomach upset and diarrhea
- swelling of the hands or legs, when JANUVIA is used with rosiglitazone (Avandia®). Rosiglitazone is another type of diabetes medicine.

These are not all the possible side effects of JANUVIA. For more information, ask your doctor or pharmacist.

Tell your doctor if you have any side effect that bothers you, is unusual or does not go away.

Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

How should I store JANUVIA?

Store JANUVIA at 68°F to 77°F (20°C to 25°C).

Keep JANUVIA and all medicines out of the reach of children.

General information about the use of JANUVIA

Medicines are sometimes prescribed for purposes that are not listed in Medication Guides. Do not use JANUVIA for a condition for which it was not prescribed. Do not give JANUVIA to other people, even if they have the same symptoms you have. It may harm them.

This Medication Guide summarizes the most important information about JANUVIA. If you would like to know more information, talk with your doctor. You can ask your doctor or pharmacist for additional information about JANUVIA that is written for health professionals. For more information, go to www.JANUVIA.com or call 1-800-622-4477.

What are the ingredients in JANUVIA?

Active ingredient: sitagliptin

Inactive ingredients: microcrystalline cellulose, anhydrous dibasic calcium phosphate, croscarmellose sodium, magnesium stearate, and sodium stearyl fumarate. The tablet film coating contains the following inactive ingredients: polyvinyl alcohol, polyethylene glycol, talc, titanium dioxide, red iron oxide, and yellow iron oxide.

What is type 2 diabetes?

Type 2 diabetes is a condition in which your body does not make enough insulin, and the insulin that your body produces does not work as well as it should. Your body can also make too much sugar. When this happens, sugar (glucose) builds up in the blood. This can lead to serious medical problems.

High blood sugar can be lowered by diet and exercise, and by certain medicines when necessary.

This Medication Guide has been approved by the U.S. Food and Drug Administration Distributed by: Merck Sharp & Dohme Corp., a subsidiary of **Merck & Co., Inc.**, Whitehouse Station, NJ 08889, USA

For patent information: www.merck.com/product/patent/home.html

usmg-mk0431-t-1402r013

Issued: 02/2014

Copyright © 2015 Merck Sharp & Dohme Corp., a subsidiary of **Merck & Co., Inc.**
All rights reserved.
DIAB-1124301-0025 02/15



Januvia
(sitagliptin)
25 mg, 50mg, 100mg tablets

Breaking the law

Interview. The former Police guitarist looks back with the documentary "Can't Stand Losing You."

If anyone thought Andy Summers was simply The Police's guitarist, the rock doc "Can't Stand Losing You: Surviving The Police" puts things straight. As much as this is a story of the legendary trio — comprising Summers, Sting and Stewart Copeland — it's Summers's story, based on his 2006 memoir "One Train Later."

"When I was doing the book, I didn't want to write about The Police at all," Summers tells Metro. "I thought I had a whole story there without it. I didn't want to confront that bit at all; it was the most difficult part to write about."

Summers narrates and, in between those familiar Police hits, his elegantly unobtrusive score supports the visuals. Director and editor Andy Grieve brings in The Police's massive 2007-2008 reunion tour footage (directed by Lauren Lazin), and weaves in archival footage and Summers' considerable

collection of photographs.

But Summers is right: Even before joining The Police in the mid-'70s, his story was fully loaded with rock and roll history — from playing in a beat band in Swin'g '60s London, joining UK R&B legend Zoot Money and, less notably, being in the horribly named Dantalian's Chariot. A call from Eric Burdon took Summers to L.A. to join The Animals. That imploded and he returned to England with his wife Kate and connected with Kevin Coyne. When Mick Taylor quit the Rolling Stones, Summers was on a notable shortlist of replacements.

"It's so bizarre," Summers says at how different his story could have turned out. "At the time, I was in London, a hot guitarist on the scene, my star was rising. I went from that to joining a punk band with no future," the amazingly youthful-looking 72-year-old says. "It was based completely on instinct. I wanted to be in a trio and I could see how good the other two were. The rest is history."

Summers doesn't gloss over his personal and career lows, and talks freely about drugs and partying; in the doc, he and Copeland meet up with the late John Belushi at one point. (No details are given: One can only imagine...) Overall, The Police's musical bond is obvious, and even when the cracks appear, the band seems dignified in their differences.

"I've never heard anyone say that about our band before," Summers chuckles at the word dignified. "But the press did portray us as three guys who hated each other 24/7. It's not true. What I like about the film is it does reveal the camaraderie and the humor. Of course, we had camaraderie. We had too many good times and such success. Obviously, something worked."



The Police guitarist Andy Summers, center, with Stewart Copeland and Sting, is profiled in the documentary "Can't Stand Losing You," in theaters now. / ENTERTAINMENT ONE



Manhattan Dental Arts
COSMETIC, GENERAL & RESTORATION DENTISTRY

*****LIMITED-TIME SPECIAL*****

BRING IN AD FOR REDEEMABLE COUPON!

**Cleaning,
Exam,
X-Ray**

\$99

NEW PATIENT OFFER

WALK-IN APPOINTMENTS AVAILABLE!

(212) 957-6453

CALL: (212) 95-SMILE

smile

**FREE
CONSULTATION**



STATE OF THE ART COSMETIC, GENERAL & RESTORATION DENTISTRY

IMPLANTS • ROOT CANALS • PERIODONTAL • INVISALIGN • CROWNS & VENEERS
TEETH WHITENING • EMERGENCY DENTAL TREATMENT



Dr. Priya Buggal
Specializing in:
Crown & Implants



Dr. Marc Shuchman
Inventor of the
Snap-On Smile



Dr. Steven G. Goldberg
Inventor of the
Snap-On Smile



Dr. Daniel Jacobs
Specializing in:
General Dentistry



Dr. Eric Benveniste
Specializing in:
Root Canals



Dr. Bernadette Sova
Specializing in:
Prosthodontics

MEET OUR IVY LEAGUE TRAINED DENTISTS

1995 BROADWAY (NEXT DOOR TO APPLE STORE), SUITE 200, NEW YORK, NY 10023
VISIT WWW.MANHATTANDENTALARTS.COM (212-957-6453)



ANDY SUMMERS

GETTY IMAGES

LINDA LABAN
@metronewyork
letters@metro.us

2

CULTURE



Twitter feed

Today, Mark Ruffalo is embarrassed, Taye Diggs is dispensing wisdom, Joan Collins is feeling extra fancy, Whitney Cummings wants some support and Liam Payne is impossible to please.

@MarkRuffalo: Just told some people I am working with in the UK that we have Senators who don't believe in Climate Change. They all thought I was joking.

@TayeDiggs: Don't let the fear of striking out hold you back.

@joancollinsobe: Only one more day before my investiture as Dame! I'm super excited

@WhitneyCummings: Just googled "sturdy bikini." I guess I want to have my cake and eat it too

@Real_Liam_Payne: Bored now

Vin Diesel has high hopes for 'Furious 7'



That's one confident guy right there. / ALL PHOTOS GETTY IMAGES

With the seventh film in the "Fast and Furious" franchise set to come out next month and expected to rack up the kind of titanic global success the last few have seen, it's understandable that series star Vin Diesel might be feeling a bit bullish on its prospects. Maybe too bullish, actually. "Universal is going to have the biggest movie in his-

tory with this movie. It will probably win best picture at the Oscars, unless the Oscars don't want to be relevant ever," Diesel tells Variety. "This will win best picture. There is nothing that will ever come close to the power of this thing." Mr. Diesel, I'm glad you're so pleased with your latest work, but let's temper this excitement a bit, yeah?



Iggy Azalea and her new boobs are not into keeping secrets.

All the Iggy Azalea trivia you could possibly want

Just in case there were any lingering questions you had about how Iggy Azalea's mind works, Vogue subjected the Australian rapper to a rapid-fire list of 73 questions. How they landed on 73 as a number is beyond me, but hey, the more you know. For instance, her favorite TV show is "Game of Thrones," and her superpower of choice is

invisibility. And she loves tacos, because clearly she's a human being. But some of the information she divulges to the magazine is rather revealing: "Four months ago, I got bigger boobs! I'd thought about it my entire life," she says, admitting she didn't initially want to share the information. "But then I decided I wasn't into secret-keeping." Obviously.

Looks like the "stress" was more severe than we thought. Five years after being cobbled together by Simon Cowell on "The X Factor," One Direction has gone from a five-some to a foursome as Zayn Malik announced that he is resigning from the hugely successful pop group. Niall Horan, Harry Styles, Liam Payne and Louis Tomlinson, currently on a world tour, will continue as a quartet. "My life with One Direction has been more than I could ever have imagined," Malik says in a statement. "But after five years, I feel like it is now the right time for me to leave the band. I'd like to apologize to the fans if I've let anyone down, but I have to do what feels right." Man, did I have this one wrong. In my One Direction/Spice Girls correlation chart, I totally thought Malik was the Scary Spice, not the Ginger Spice. But there you go.

Zayn Malik officially the Ginger Spice of One Direction



Bye, Zayn.

THE WORD

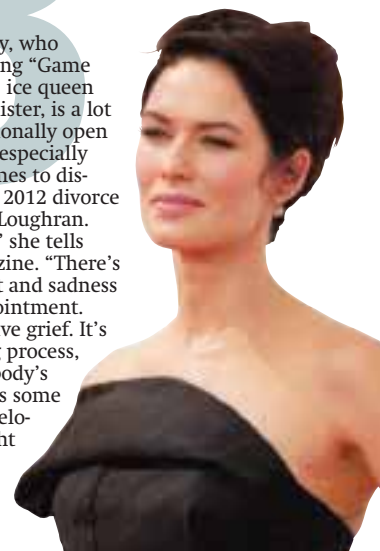
Ned Ehrbar takes on the world of gossip.

NED EHRLBAR
@Nedrick
ned.ehrbar@metro.us



'Game of Thrones' star Lena Headey gets poetic about divorce

Lena Headey, who plays reigning "Game of Thrones" ice queen Cersei Lannister, is a lot more emotionally open in real life, especially when it comes to discussing her 2012 divorce from Peter Loughran. "It's tough," she tells More magazine. "There's a lot of hurt and sadness and disappointment. Grief. Massive grief. It's a mourning process, and yet nobody's died." That's some impressive eloquence, right there.



Daily video

Scientifically accurate 'Pinky and the Brain'

Fox's Animation Domination High-Def is here to ruin your childhood with a scientifically accurate look at "Pinky and the Brain." And why did we ever think a show about a megalomaniacal lab rat was for kids? "Stephen Spielberg made what might be the darkest children's show," the video intones. Of



ANIMATION DOMINATION HIGH-DEF, YOUTUBE

course, you have to do a little extra digging to figure out what cosmetics companies that still use animal testing are

bleeped out, but knowledge is power, right? As the song goes, "They'll mostly, they'll mostly be in pain, pain, pain, pain."

Emily

919 Fulton St., Clinton Hill

Owners Matthew and Emily Hyland began their romance over pizza. At their year-old, homey restaurant, ricotta and mozzarella cheeses are handmade and served on pizzas with a generous, bubbly crust that's lightly charred. Go for the savory-sweet Colony, with pepperoni, pickled chili and honey. End your meal with a s'mores calzone and you'll wonder if graham crackers will ever hold the same appeal.

Marta

29 E. 29th St.

Shake Shack CEO Danny Meyer accomplished a rare feat: getting this pizza-saturated city excited about it again when he dreamed of a high-end Roman-style pie. The crust is thin even by New York standards, but it holds together under the weight of the meat lovers' Macellaio and the dense, starchy flavor bomb that is the Patate Alla Carbonara.

Rossopomodoro

118 Greenwich Ave.

Eataly's pizza joint just opened as a standalone restaurant in the West Village in December. Out of the gold-tiled oven come pizzas where the dough is almost a mere delivery service for the lovely hunks of cheese and bursting fresh cherry tomatoes. Brussels sprouts and winter squash make unexpected appearances that leave you questioning if there's anything that can't be improved in pizza form.

Sotto 13

140 W. 13th St.

The sky lit brunch nook turns into a classy throwback restaurant at night, with great, happy-hour specials. The crust here takes a different tack, going for a more spongy, bread-like texture that's baked at 800 degrees just until it blisters. New to the menu is a duck salami pizza with fig jam, pear and gorgonzola, but the spicy fennel sausage pie is what keeps people coming back.

Roberta's

261 Moore St., Bushwick

The perfect classic margherita pie, a tiki bar to make your hour-plus wait painless and a craft beer list. Believe the hype. The offbeat pies are personal size, so make sure your date is worthy of sharing, and the menu changes often, driven by local ingredients, some grown on-site. The space is communal seating, loud and scene-y, so prep your beards and bohemian dresses accordingly, but you won't leave disappointed.

going out

WHERE TO EAT, DRINK & PLAY

Risen from the flames

Wood-fired ovens turn out a huge variety of pizzas, from Neapolitan to Roman, and we've rounded up some of the city's best. **EVA KIS**

JILL FUTTER



DON'T BE SCARRED BE CONFIDENT

with

Lexington Plastic Surgeons

Your Complete Scar Solution

VISIT LEXINGTON PLASTIC SURGEONS:

Keloid Scars

Hypertrophic Scars

Acne Scars

Stretch Marks

Burns

Rosacea and more...



(888)919-2102

LexingtonPlasticSurgeons.com • 113 East 39th Street New York, New York 10016

most insurance accepted



@lpSurgeons

On your
radar

Feed your imagination at Irvington

When it came to reimagining the downstairs space at Union Square's W hotel, the Gerber Group decided to have a little fun with it.

Irvington, which officially opened Tuesday, serves seasonally driven new American food with Mediterranean touches — don't miss the lamb tartare with harissa — and the kind of whimsy that you don't find a lot of in Manhattan. Here are some of the reasons to check it out.

The nods to 'Sleepy Hollow'

For those who just can't bear to keep Halloween confined to October, Irvington has plenty of wink-wink references to the story. The biggest is Marcus Pierce's painting of the Headless Horseman

being beckoned into a woman's bedroom, a personal commission by owner Scott Gerber. And the bar's glass-shelved center island, stacked with colorful "potions," has the look of a witch's lab to summon the cursed Horseman.

The rustic touches

The space is airy and modern, but the presentation is urban farmhouse: Several dishes, and even a cocktail, are served in copper tableware. A line of small barrels at the top of the bar are aging Old Fashioneds. The kitchen puts out large-format chicken, duck and lamb dishes. Wild boar appears on the menu several times (but you'll want it in the agnolotti bolognese), and vegetables are cooked in fat drippings.



The bar serves classic cocktails bottled and carbonated (fizzy Negroni!), with handwritten labels. PROVIDED

Irvington

201 Park Ave. S.
212-677-0425
IrvingtonNYC.com

The ambitious menu

The list of things made in-house at Irvington is probably longer than what isn't: sausages, pastas, mozzarella, gelatos and sorbets. Their pineapple-cilantro gelato delivers spring in a bite.

EVA KIS

Odessa: As fate would have it

Not even getting hit by a car could stop Odessa from releasing her buzzy debut album.



EMILY LAURENCE
@EmLaurence
emily.laurence@metro.us

Born into a musical family, Odessa (née Odessa Jorgensen) started taking violin lessons when she was 4 years old. In high school, she started playing guitar, performing with various rock bands in California and fiddling around with her own songwriting. She made the move to Nashville at age 18.

"I stayed in a hostel

and didn't know a single person," she says. "I found a bike and biked to all these different music venues and just fell in love with the place."

Chance meeting

She got a job at a grocery store and started taking fiddle lessons in her free time. "About a month in, I met a woman in the grocery store line who needed a violin player. She's this amazing lady named Gail Davies and is the first woman producer in country music. I started playing sessions for her and she's been a guiding force in my musical life ever since," she says.

Soon, she started touring with bands, but also

DON'T MISS OUR UPCOMING SHOWS



rwnewyork.com

LEGENDS OF
HIP HOP 4/18

Slick Rick,
Kid 'N Play,
Doug E. Fresh
and others!

CIGARS UNDER THE
STARS 5/1



Meet Sopranos Star
Vincent Pastore

DISCO INFERNO 5/16

DISCO INFERNO

HAROLD MELVINS BLUE
NOTES, FRANCE JOLI,
DOUBLE EXPOSURE
and others!

THE COMMODORES 6/6



Resorts World
CASINO
NEW YORK CITY

Over 5,000 Table Game & Slot Machines!

110-00 Rockaway Blvd. Jamaica, NY 11420 • rwnewyork.com • 1-888-888-8801

NOTICE TO THE PUBLIC

AFFORDABLE HOME PROGRAM

START WITH AS LITTLE AS **\$1,000**

GOOD CREDIT, BAD CREDIT, NO CREDIT

ALL CASES PROCESSED

**CALL NOW FOR FREE
REGISTRATION MANY HOMES
ARE FULLY RENOVATED**

**BROOKLYN, QUEENS, BRONX,
WESTCHESTER AND LONG ISLAND
3.5% TOTAL DOWNPAYMENT NEEDED**



**Affordable Home
Program LLC**

NYS. Licensed Real Estate Brokers
117-18 Queens Blvd Suite 202,
Forest Hills, NY 11375
1866-988-HOME (4663)

Have you been noticing Memory Problems?

Many adults over age 65 experience memory issues. If you are able to continue your day-to-day life and usual activities, you may still feel that your memory has "slipped." Mild memory loss can include:

- ☐ Forgetting things more often, such as appointments or plans
- ☐ Feeling less mentally sharp
- ☐ Losing your train of thought more easily

If you are 65 or older, you may be eligible for a medical food study for mild memory loss. For more information or a confidential, free screening, please call.

(212) 595-5012

The Medical Research Network, LLC

134 E. 93rd Street, New York, NY • www.MedicalResearchNetwork.com

VR02.1



Odessa's debut album comes out April 28. NEIL KRUG

recorded her own album, pairing up with Kings of Leon producer Jacquire King. But just when she felt she was finally in control of her music career, everything came to a stop.

"I was almost completely done with the album when I got hit by a car while riding my bike," she explains. She fractured her skull and spine and knocked her teeth out. But she recovered, went on tour with Ed Sharpe, and is now ready to debut her album

Odessa

Thursday, March 26, 7 p.m.
Music Hall of Williamsburg
66 N. Sixth St., Brooklyn,
718-486-5400
MusicHollof
Williamsburg.com

on April 28. As for what's next, she's not sure. But somehow, we suspect everything will work out just fine.

A high-end meal that feels like a steal

Drink. Eat. Save. NYC.

MONICA DINATALE

Monica DiNatale is a bargains expert, food host and author of "365 Guide New York City," a treasure trove of restaurant deals and bar specials in NYC, available in paperback and e-book.



The main reason I wrote "365 Guide New York City" was to save money on food and drinks so I could eat out every night! Sometimes I'm in the mood for a cold beer and wings at a sports bar, and other times I want delicious, opulent food at dive bar prices. These deals come from some of my favorite upscale restaurants that offer tremendous discounts on incredible food.

Barbounia

(250 Park Ave. S.)

They have the best hummus! Barbounia is sleek and sexy with an upscale Mediterranean menu, but from 3 to 7 p.m. daily you can nosh on half-price appetizers and \$6 cocktails. Take advantage of the affordable options at the bar and don't leave without an order of the iron skillet shrimp. I usually have so many appetizers that I don't have room for dinner.

ilili

(236 Fifth Ave.)

When you first walk in, you'll think you've entered an exclusive

club. Don't let the high ceilings and modern decor scare you though, the Mediterranean/Lebanese food at ilili is off the charts. Luckily for your wallet, from 4 to 7:30 p.m. you can taste the menu at a discount: Specialty cocktails are \$7, and appetizers start at \$5. I like the fried chickpea and fava bean dumplings (\$5) and the kafta taco (\$8). This would be a smart choice for your next special occasion.

Ed's Chowder House

(44 W. 63rd St.)

Across the street from Lincoln Center inside the Empire Hotel lives this lovely upscale seafood restaurant. The food is wonderful and unlike some places, they handle the crowds well. The bar area is just as pleasing and offers two times to save. Sunday to Thursday from 4 to 6 p.m. and 9 p.m. to close, you'll find real deals like \$1 clams, \$1.50 oysters, \$4 soups, and appetizers like salmon sliders are \$9. Bottled beers are \$3, wines \$7 and cocktails \$8.

QUALITY DENTURES AND DENTAL IMPLANTS

\$100 off each NEW denture! Exp: 4/15



- Full Service Dental Office
- Repairs & Relines While-U-Wait
- Dental Implants • Crowns & Bridges
- Cosmetic Dentistry
- Senior Citizen Discounts

www.heraldsquaredental.com



THE SAME DAY

SPRING SPECIAL Exp: 4/15/15
OVERDENTURES with implants

\$3,600* per lower
\$4,500* per upper

Customary fee \$7,600+ per arch
*Additional charges may occur for more complex cases.
Ad must be presented for discount.

Smile with Confidence!

CALL NOW
212.689.0024

Leaders in Implant Dentistry! - Est. 1977

Free Consultation • Most Insurance Welcome

224 W 35th St. New York, NY 10018, Btwn 7th & 8th Avenues

Burns Fat!

Raises Metabolism

Lose 20-40 Pounds in 40 Days Targets Belly, Butt, Hips, Thighs

Results Not Typical

- No hunger cravings
- Fat Burning Injections and Metabolism boosting diet plan
- Doctor Supervised with Bloodwork
- Voted best permanent weight loss NYC

FREE
metabolic
analysis and
consultation

NOVO

The Medical Weight Loss Experts
139 Fulton St., Ste 201, NYC
833 Northern Blvd, Great Neck, NY
1 W. Ridgewood Ave, Paramus, NJ

844-544-DIET (3438) • www.novoweightloss.com

Dedicated
Personal
Consultants

moco
arts corridor
discover moco arts corridor moconj.org

Thousands of performances, exhibits & art events are waiting to be discovered.
Let's Go MoCo!
New Jersey visitnj.org

Ride NJ TRANSIT's North Jersey Coastline to MoCo! njtransit.com

NJ TRANSIT
The Future Is Now

Music

Go behind the microphone

These three events take you deeper inside some of the most influential music of the past century.

Hip-Hop Revolution

See the birth of hip-hop on the streets of NYC in the 1970s through its rise into a bona fide phenomenon by 1990, recorded by three local photographers. The exhibit includes early images of Afrika Bambaata, Run DMC, the Beastie Boys and the Rock Steady Crew b-boys. The photographers will also take part in a panel discussion on April 15 (\$16). **April 1-Sept. 13; \$14, Museum of the City of New York, 1220 Fifth Ave., mcny.org**

Joel Brodsky

You probably don't know Joel Brodsky's name, but any rock music fan knows the iconic "Young Lion" photo

of The Doors lead singer Jim Morrison on the cover of their "An American Prayer" record. Known as a photographer who could make pop stars seem ethereal and human at the same time, he helped craft the images of artists for decades. Half of the show at Morrison Hotel Gallery will be devoted to his intimate portraits of the band; the rest include images of musicians like Tom Waits, Aretha Franklin, Iggy Pop, Kiss and many others. **March 27-April 15; 116 Prince St., morrisonhotelgallery.com**

Music and Activism

When issues of civil rights, the anti-war movement and nuclear anxiety took hold in the 1950s and '60s, Greenwich Village responded with a folk music revival. This free lecture at the Museum of the City of New York will explore the neighborhood's role in fostering music that argued for equality and pacifism. **Today, 5 p.m., 1220 Fifth Ave., RSVP at mcny.org**



"Hip-Hop Revolution" features break-dancers as well as MCs. **JOE CONZO**

TV

America's Test Kitchen LIVE!

March 31, 8 p.m.
The Town Hall, 123 W. 43rd St. \$40-\$101, thetownhall.org
Go behind the scenes at "America's Test Kitchen LIVE!" as you tour the set (imported from its home outside of Boston), learn about how recipes and equipment are rated, perform taste and smell tests and relive the show's top moments.

THEATER

'Miscast 2015'

March 30, 8:45 p.m.
Hammerstein Ballroom 311 W. 34th St. \$79-\$99, mctheater.org
Actors take on roles in which they would never actually be cast, with often hilarious results, in this show. Aasif Mandvi hosts; funds go to funding up-and-coming actors and works.

COMEDY

April Fools Comedy Show

April 1, 8 p.m.
Theater at Madison Square Garden, 4 Pennsylvania Plaza \$36.75-\$125, theateratmsg.com
Watch how the professionals do April Fools Day, hosted by Corey Halcomb, stand-up artist and self-proclaimed "ghetto Dr. Phil." Current headliners (subject to change) include Sinbad, Lavell Crawford and Damon Wayans Jr.

Listings

COMING UP



CHEEK BY JOWEL

Lincoln Center Festival

July 6-Aug. 2
Lincoln Center for the Performing Arts, 10 Lincoln Center Plaza; Prices vary, www.lincolncenter.org
On March 31, tickets go on sale for this year's Lincoln Center Festival, a summer series of performances featuring plays, dance, puppets and more. This year's lineup includes DruidShakespeare taking on the Bard's history plays, "Danny Elfman's Music from the Films of Tim Burton" and stagings of "Kafka on the Shore" and "Miss Julie," among many others.

FOOD

A Taste of Fifth

April 1, 6:30-9:30 p.m.
Grand Prospect Hall 263 Prospect Ave., Brooklyn \$55 advance, parkslopefifthavenuebid.com
Eat, drink, dance and give your-

self a big pat on the back at this charitable foodie event. More than 40 Park Slope bars and restaurants will be there — and the wine and beer are free.

TOUR

Runstreet Brooklyn

March 29, 10 a.m.

Brooklyn Running Company 222 Grand St., Brooklyn Free, www.runstreet.com

The best way to see NYC is on foot, so take it to the next level by lacing up your sneakers for a Brooklyn art run taking in 4 miles of the area's best graffiti and murals. It's free, but RSVP on Runstreet's Facebook.

BOOKS

New Twists on Old Fairy Tales

March 31, 7 p.m. 92Y, 1395 Lexington Ave. \$22, 92Y.org

To celebrate the book launch for "The Wicked Will Rise," the second book of the "Dorothy Must Die" YA series (which, of course, reimagines the story of "The Wizard of Oz," a la "Wicked"), the 92nd Street Y is holding a panel with authors Danielle Paige, Soman Chainani, Sara Benincasa and Christopher Healy.

MUSIC

Total Vocal

March 29, 2 p.m. Carnegie Hall, 881 Seventh Ave. \$10-\$100, carnegiehall.com

If this summer's "Pitch Perfect" sequel seems just too far away, catch the next best thing this weekend when stars from the film sing pop hits a cappella. Distinguished Concerts Singers International are joined by Kelley Jackle, Shelley Regner, Chesney Snow and Sean Altman. **T. MICHELLE MURPHY**



TICKETS START AT \$35

THE TOUR

THE NEW GENERATION OF SIGHTSEEING

- 90-MINUTE IMMERSIVE TOUR OF MIDTOWN/UPPER WEST SIDE
- ORIGINAL CONTENT SUPPORTED BY ADVANCED AUDIO/VISUAL TECHNOLOGY
- THRILLING INTERACTIVE SIMULATIONS
- 1 LICENSED TOUR NAVIGATOR
- MULTI-MILLION DOLLAR CUSTOM BUILT VEHICLE
- STADIUM-STYLE, SIDE-FACING SEATING WITH PANORAMIC VIEW
- FLOOR-TO-CEILING GLASS WINDOWS
- 3,000 LED LIGHTS, 40 PLASMA TV MONITORS, SURROUND SOUND
- FAMILY FRIENDLY & EDUCATIONAL
- ADULT: \$45/CHILD: \$35

THE TOUR NYC.COM **POWERED BY THE RIDE** **(866) 811-4111**

Spring is blooming in Wilmington, NC

Historic tours, movie sets, flower festivals and more



Tuscan coast

Discover the picturesque coastal towns, fishing villages and beaches of Tuscany

Five Caribbean cruises for families

Fun-packed cruises for parents and kids



Spring is blooming in Wilmington, NC



Carolina Beach



Azalea Festival

Don't miss

Carolina, Kure and Wrightsville beaches

These three island communities on the Atlantic have beautiful settings, small-town amenities and outdoor activities.

North Carolina

Aquarium at Fort Fisher

Considered one of the country's best, it explores the aquatic ecology of the Cape Fear Region.

www.ncaquariums.com

Taste Wilmington

Take a walking tour of

the food scene. The morning Farmers' Market Tour on Saturday includes a cooking class.

www.tastecarolina.net

Casey's Buffet

Come for Southern soul food and barbecue as it is meant to be.

www.caseysbuffet.com

Snow piles may still blight the landscape in the Northeast, but spring is blooming in the Carolinas. No place celebrates it more than Wilmington, North Carolina.

The city is a gem, hugging the Cape Fear River with the Atlantic Ocean a few miles away. A classic wooden plank boardwalk runs nearly two miles along the scenic river. It's lined with 200 independent stores, restaurants and hotels with river views. The historic district is one of the largest in the country: 230 blocks of historic homes and churches. You can tour via horse-drawn carriage, Segway, trolley or on foot. Considered one of the most haunted cities in the country, Wilmington (www.hauntedwilmington.com) has nighttime ghost tours and a tour of haunted pubs.

If the city looks familiar, it may be because it's a popular choice for TV and movie production. There are self-guided tours of locations from "Sleepy Hollow," "One Tree Hill" and "Dawson's Creek" and weekend tours of the EUE/Screen Gems studio (www.wilmingtonandbeaches.com/hollywood-east).

Across the river, the battleship USS North Carolina (www.battleshipnc.com) welcomes visitors. Now peacefully moored, the ship saw fighting in the Pacific during World War II. Exhibits allow visitors to "operate" the ship's systems and simulate life onboard a ship on active duty.

Wilmington's Front Street Brewery was a pioneer in the revival of American craft brewing. Celebrating its 20th anniversary, it is now joined by eight more breweries.

The spring highlight is the North Carolina Azalea Festival (April 8 to 12). Now in its 68th year, it welcomes the new season with bright blooms and festivities.

The city-wide festival starts off with a parade of azalea-bedecked floats, marching bands, mounted units and street entertainers. Headliners for the evening concerts include Alan Jackson and Nelly. But flowers are the reason for the party. Over a dozen public and private gardens open for the

The citywide Azalea Festival kicks off with a parade of floats, music and flowers.

highly popular Cape Fear Garden Club Azalea Garden Tour. Interior design and historic architecture of houses and churches are the theme for the home tour. Details and schedule for the festival are at www.ncazaleafestival.org.

INSIGHT GUIDES | FRANK SEVERN

For more on Wilmington, visit GoWilmingtonAndBeaches.com.

EXPERT ADVICE CRUISE.COM LOWEST PRICE

LOWEST CRUISE PRICES GUARANTEED!

CRUISE SALE OF THE YEAR!

Receive Free Pre-paid Gratuities, up to \$850 Onboard Credit, 50% OFF 2nd guest, Free Beverage Package, Free Specialty Dining Free Upgrades, 3rd-8th Guest Sail Free and More! on select sailings

ALASKA CRUISES		CARIBBEAN/BAHAMAS	
7-Day Alaska 441*	7-Day Alaska 449*	7-Day Bahamas 529*	10-Day Caribbean 619*
7-Day Alaska 479*	7-Day Alaska 549*	8-Day Bahamas 639*	9-Day Caribbean 959*
Deal of the Week Liberty of the Seas / 10-Day Caribbean \$816*			
EUROPE CRUISES		EXOTIC CRUISES	
7-Day Europe 389*	7-Day Europe 499*	7-Day U.S./Canada 429*	7-Day Bermuda 599*
7-Day Europe 599*	11-Day Europe 889*	7-Day Bermuda 599*	10-Day Hawaii 700*

800-395-6127

St. Patrick's Day Specials
Save a Pot of Gold all month long!
No time to come in before the ad expires?!
Call today and Pre-Pay
50% off

Laser Hair Removal

1/2 leg, Bikini, 1/2 Arms, Full Face or Back area
\$66.50 per area

- * Anti Aging Clear & Brilliant **\$175 ***
- * Fractional: Reduce stretch marks, acne scars & fine lines **\$75 ***
- * Skin Tightening Laser (For sagging skin) any area **\$99 ***
- * Laser Genesis for face or hands (firms skin, builds elasticity) **\$75 ***
- * Deep Pore Facial with extractions **\$32.50 ***
- * Microdermabrasion (closes pores, reduce pigments) **\$37.50 ***

EXERCISE AT SPA JOLIE

Each Circulation Machine and Body Toner.. 10 minute workout equivalent to 30 minutes!
2 for \$15

Painless workout* Machine does all the work and you get all the benefits

Spa Manicure \$9	Back Wax \$14	Underarm Wax \$6
Manicure \$6	Chest Wax \$17.50	Bikini Wax \$12.50
Spa Pedicure \$14.50	Buttocks Wax \$12.50	Full Body Wax \$49.50
Brazilian Wax \$19	Full Leg Wax \$15	EyeBrow Wax \$6.00

Expires March 31, 2015.
180 7th Avenue South - (212) 229-0399 - www.nylaser.net

Tuscan coast

Away from the glorious art and architecture of its towns and cities, there's another Tuscany to discover: Over 400 miles of beautiful coastline.

Tuscany is famous for being one of the world's most beautiful regions: a land of rolling green hills and picturesque towns and cities. It's less well known for

its coastal areas. But here you'll find the food and wine equally memorable, the crowds smaller and the climate cooled by sea breezes and deserted beaches. Cities like Florence and Lucca are just a short drive or bus ride away.

Starting with the sand, many of Tuscany's beaches are Blue Flag standard, and there are even more on the Tuscan islands, including Elba, Italy's third-largest island after Sicily and Sardinia. You can reach Elba, famous for being the island of Napoleon's exile, from the historic little port

of Piombino on the Tuscan coast. South of Piombino is the town of Capalbio, an attractive option for a Tuscan coast stay. Set slightly inland, it is scenically situated, surrounded by those Tuscan hills where vineyards flourish. It's popular with Rome's intellectual elite and has plenty of trattorias serving gourmet food. It's also only a 20-minute drive from the coast and the promontory of L'Argentario.

L'Argentario is another good base for enjoying the best of both worlds in Tuscany. This upmarket outcrop with its densely wooded



hills has a golf course, a yacht harbor and colorful fishing ports. Its eating options range from simple trattoria serving freshly caught fish to Michelin-starred restaurants.

Talamone is based around

another outcrop jutting into the sea, a fishing village that was fortified like several others along this coast. It sits at the southern end of the Monti dell'Uccellina, a nature reserve that has both thick woodland where wild boar live and three miles of white

sand beach. Being protected, the beach is undeveloped and peaceful. It's one of Italy's finest, equidistant from both Florence and Rome, and seemingly a million miles from either.

INSIGHT GUIDES | MIKE GERRARD AND DONNA DAILEY



INSIGHT GUIDES

In your local book store

www.insightguides.com



Located in the heart of Atlantic City's world famous boardwalk, there's no shortage of fun at Resorts Casino Hotel. Featuring an all new casino floor, Jimmy Buffett's Margaritaville, 5 o'Clock Somewhere Bar and Landshark Bar & Grill — AC's only year-round beachside bar and restaurant — this is the place to be on the boardwalk.

**BOOK YOUR GETAWAY TODAY.
RATES STARTING AT \$49**



Jimmy Buffett's
MARGARITAVILLE

LANDSHARK
Bar & Grill

RESORTS
Casino • Hotel
The Fun is Here

A Mohegan Sun PROPERTY

Horoscope

♈ Aries | March 21-April 20
Too much time spent hanging around the house will not help you get ahead. Give in to your playful side.

♉ Taurus | April 21-May 21
You will make positive strides if you are determined. Self-discipline will ensure steady progress. Love is highlighted, so make special plans.

♊ Gemini | May 22-June 20
You will face trouble when it comes to some of your decisions. Take care of unfinished business. A sense of achievement will give you a new incentive.

♋ Cancer | June 21-July 22
Loss is apparent. Keep an eye on your wallet. Go through your paperwork and make changes that will improve your standard of living.

♌ Leo | July 23-Aug. 22
Take a realistic look at your relationships. If you are bored or in a rut, consider what it will take to bring you greater happiness.

♍ Virgo | Aug. 23-Sept. 22
Someone will try to ruin your reputation. Keep all of your business dealings open. Any choices will put you in a vulnerable position.

♎ Libra | Sept. 23-Oct. 22
Add some excitement to your routine. Attend a course that appeals to your artistic interests. The ability to express yourself will bring you satisfaction.

♏ Scorpio | Oct. 23-Nov. 21
Unanticipated expenses will put a strain on you. Take care of any problems using cost-efficient methods.

♐ Sagittarius | Nov. 22-Dec. 21
Disappointment with regard to important partnerships should best be dealt with quickly. Leading someone on will make matters worse.

♑ Capricorn | Dec. 22-Jan. 20
You have the zest to accomplish everything you set out to do. Make plans for some enjoyable leisure time with people you like.

♒ Aquarius | Jan. 21-Feb. 18
The more you travel, the more knowledgeable you will become. The ideas with which you come into contact will help you shape convictions.

♓ Pisces | Feb. 19-March 20
You will be frustrated if you refuse to stand up for yourself. Let others know what you will and will not tolerate. **EUGENIA LAST**

Letters to the editor

Ted Cruz should stick with his principles and choose COBRA, not Obamacare

Re: 'Ted Cruz to sign up for Obamacare' (Metro, March 25) The report of Republican Sen. Ted Cruz signing up for Obamacare exposes one of the cruelest ironies of health insurance before the passage of the Affordable Care Act: the Consolidated Omnibus Budget Reconciliation Act, or (COBRA).

COBRA was created to allow laid-off workers to continue their health insurance after group coverage termination by

paying for it out of their own pockets, but the reality was that very few, especially the recently unemployed, could afford COBRA.

It seems that even Sen. Cruz has chosen the less painful option of signing up for Obamacare when, if he were true to his convictions (and those of the Tea Party), he should take COBRA, and not burden the taxpayers with his health insurance costs.

I am certain that he can afford it. I am very happy that we have the Affordable Care Act, and it appears that Senator Cruz and his family are too.

GREGORY HOLMAN, VIA EMAIL

letters@metro.us

Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact info.

Sudoku: Easy and hard

1		5			8		2	9
		7			4		3	8
						6		
	6	9			5			
4			9	1	7			3
			6			9	4	
		1						
2	3		4			1		
8	7		2			3		6

7			3		5		9	4
				8				6
	4		6			3		
9				8		1	3	
4							5	
3	2		5				8	
		7			6		2	
1				7				
6	9		2		1			7

How to play
Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Crossword

Across

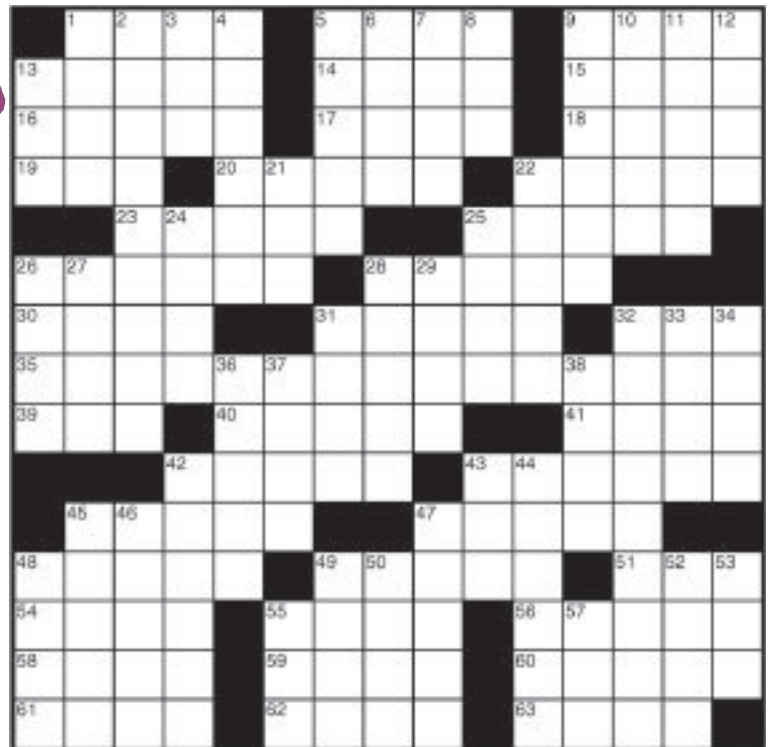
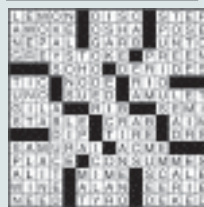
- 1 In — — (stuck)
- 5 Really likes
- 9 Fruit or bird
- 13 Mutual of —
- 14 Woolly animals
- 15 Not bumpy
- 16 Praline nut
- 17 "A Visit From the Goon Squad" author
- 18 Lemonade color
- 19 Chiding sound
- 20 Pyromaniac's work
- 22 Idirarod vehicles
- 23 Magicians' tools
- 25 Speculate
- 26 Diva's performances
- 28 Musical group
- 30 Actress Jessica —
- 31 Flannel item
- 32 Aberdeen kid
- 35 Eye in space (2 wds.)
- 39 — Nimitz
- 40 Best possible
- 41 Polite cough
- 42 Gripping device
- 43 Border town
- 45 Take a powder
- 47 From Havana
- 48 Type of poem
- 49 Libra neighbor
- 51 Sea dog
- 54 Greek war god

Down

- 55 Bleach out
- 56 Posh hotel lobbies
- 58 Ruminate
- 59 Between ports
- 60 Hobo's ride
- 61 Bldg. units
- 62 Office furnishing
- 63 Gainsay
- 1 Iowa State city
- 2 Belonging to Friday (2 wds.)
- 3 "Caught ya!"
- 4 Tomorrow, amigo
- 5 Go formal
- 6 Shakespeare villain
- 7 Fed. agent (hyph.)
- 8 FICA number
- 9 Early astronomer
- 10 Dorm climbers
- 11 Makes one's way
- 12 Calligraphy fluids
- 13 Make a choice
- 21 Hwys.
- 22 Looks good on
- 24 Desert dweller
- 25 Singer Leslie —
- 26 Kauai neighbor
- 27 Fringe benefit
- 28 Economical
- 29 Mound
- 31 Mushroom part

- 32 Wagner opera
- 33 Mimicked
- 34 DJ's mixtape
- 36 Fragrant shrub
- 37 Red-waxed cheese
- 38 Irene of "Fame"
- 42 Major emergencies
- 43 Drag along
- 44 On the train
- 45 Waffle topping
- 46 Wave feature
- 47 Spooky noise
- 48 Dalai —
- 49 Bouquet holder
- 50 "Et tu" time
- 52 Slick
- 53 Undergrad degs.
- 55 Passing craze
- 57 — kwon do

Yesterday's answer



STAY SAFE, AVOID THESE GUYS LIKE THE PLAGUE

It's really hard to win your fantasy baseball league in the first few rounds. But you can certainly lose it.

Given the nature of the game, the players selected early should have a very narrow range of statistical outcomes when we take into account the scope of a 162-game season. There's just no reason to gamble right out of the gate when we can pen in statistics for guys like McCutchen, Bautista, Felix, Posey, Price etc.

So as draft season vaults into full swing, we don't want to get our mind set on positions or players to take in Rounds 1 through 3. We do want to go into drafts with a simple philosophy of safety up front, upside in the middle, risks in the back. Some guys to shy away from early on:



MATT KEMP
GETTY IMAGES

Climbing down Altuve

Astros second baseman Jose Altuve finished as fantasy's No. 1 overall player last season, leading all of baseball in batting average (.341) and tying for second in steals (56). Here comes the regression. Altuve's outrageous 2014 campaign was aided by an unsustainable/career-best .360 BABIP (batting average on balls in play) and 56 steals – 21 more than his previous career-high. Paying top dollar for a two-category specialist who can't repeat a perfect season is a recipe for disaster.

Free for a reason

Freddie Freeman's 2014 season was slightly concerning. He hit just 18 homers in 607 at-bats, with six of those jacks coming in April. That



Freddie Freeman hit 18 homers and drove in 78 runs in 2014. / GETTY IMAGES

lack of pop is a concern, but the Braves lineup is the real nightmare. After losing Jason Heyward, Evan Gattis and Justin Upton, Freeman is a threat to get pitched around by opponents often.

Petco graveyard

Petco Park in San Diego is where offenses go to die. Based on adjusted runs, it was the second-most unfriendly park for scoring

NBA pickups

Players to add this week:

- **Ish Smith, PG, Sixers** — Earned the starting job over Isaiah Canaan with difference-making penetration ability.
- **Dwight Howard, C, Rockets** — After two months on the shelf, Howard (knee) is ready to return.

in 2014. So even though the Padres upgraded their offense significantly this winter, this is not a place to target our fantasy hitters. That's especially true in the case of Matt Kemp, who no longer brings a stolen base upside thanks to his litany of injuries.



FANTASY SPORTS
ADAM LEVITAN
alevitan@metro.us

3

SPORTS

NBA

LeBron no love from Love

Kevin Love told NBC's Dan Patrick this week that he would vote for his former college teammate Russell Westbrook for NBA MVP this season over his current teammate, LeBron James. James was asked about Love's comments and told ESPN, "I don't really think too much of it, really," James said. "I think the voters are going to decide who is the MVP. ... So, Kevin has his own opinion of who he believes is MVP. No one should fault him for that."

Sports news you need to know

Ravens, Jets gang up on Patriots

Hours after news broke that the Jets were hitting the Patriots with tampering charges, the Ravens got a new league rule passed that makes it illegal for an offensive player wearing a number between 1 and 49 or 80 and 89 to report as "ineligible" outside of the tackle box. The Pats used several trick formations in their 35-31 victory over the Ravens in an AFC divisional-round victory.

MATT BURKE

Rangers hitting the road

The Rangers will look to rebound from Tuesday's 4-2 home loss to the Kings when they take on the Senators in Ottawa Thursday (7:30 p.m., MSG-plus). New York remains in first place in the Metropolitan division with 99 points. **METRO**



CARL HAGELIN
GETTY IMAGES

Rousey speaks on her ovaries

Undefeated UFC women's bantamweight champ Ronda Rousey was asked by ESPN if she would like to have kids one day, and she replied, "Definitely. I'm an ovarian goldmine. I can't waste these genes."

MATT BURKE



RONDA ROUSEY
GETTY IMAGES

SPECIALIZING IN SURGERY AND AESTHETICS OF THE FOOT

DOWNTOWN PODIATRY SERVICES

Cutting Edge Means Less Cutting



HAMMERTOE CORRECTION

1 - 877 - BUNION - 1 • 1 - 877 - 286 - 4661

www.DowntownPodiatry.com

MOST INSURANCE PLANS ACCEPTED

Downtown

111 John St., Suite 1450

Midtown

315 Madison Ave., Ste. 513

New Location

159-05 92nd St, Howard Beach, NY

718-845-0741

FREE CONSULTATION WITH THIS AD

ALL PHOTOS OF ACTUAL PATIENTS

MEDICAL RESEARCH

To advertise, call Betsy Marchetti at
212-457-7829 or email betsy.marchetti@metro.us

there's more to
YOU
than depression.

When symptoms persist, there may be more you can do. If feelings such as depressed mood or lack of energy are keeping you from the things that matter to you, you may be eligible for this research study. It's evaluating an investigational drug designed to work with antidepressants to see if it can help address unresolved symptoms of depression.

All eligible study participants will receive at no cost:

Consultation with study doctor	Study drugs	Study-related care and visits
--------------------------------	-------------	-------------------------------

TO LEARN MORE:
The Medical Research Network, LLC
212.595.5012

Whether or not you are currently taking an antidepressant, you may be eligible to participate.

FEELING FORGETFUL? Do you have Alzheimer's?

Learn more about participating
in a clinical research study.

Study Information:

Ages 55-85

Study partner

Compensation up to
\$1875

CALL:
(212) 994-4567

FREE TRANSPORTATION AVAILABLE!

CLINILABS
clinilabs.com/volunteers

BACK PAIN ACUPUNCTURE

overweight stress anxiety back neck joint pain fatigue pinched nerve poor circulation sciatica migraine foot pain hair loss acne massage physical therapy chiropractic

Accept 1199 aetna cigna oxford unitedhealthcare bluecross blueshield metropius affinity healthplus medicare and more
www.MedicalHolistics.com

115W 30 St. #500B(6Ave) 723 7 Ave #703 (48 St) Jamaica Queens
212-764-3924 212-470-0360 718-687-2474

SPA & MASSAGE

To advertise with Metro, email
jennifer.ericson@metro.us

EAST SPA
10AM-1AM
LUXURY SPA
216 E49TH ST
212.832.3333

EAST VILLAGE SPA
Beautiful JAPANESE THAI TREATMENTS
347.925.0034
84 E10TH ST

LEGAL SERVICES

To advertise, call James Elam at 212-457-7752
or email james.elam@metro.us

BANKRUPTCY

Not Sure Who to See for Bankruptcy?

Want an Attorney Who Will Provide Friendly, Caring, Personal Service at a Low Price? Then Call
Jay Simon • 718.222.4619

32 Court Street, Suite 805, Brooklyn
Bankruptcy Only, Chapter 7 Specialist, Low Fee, One Set Fee, Installments, Personalized Attention, Free Consultation

The Bankruptcy Whisperer

DIVORCE \$199 1-800-414-0333

TheDivorceCenter.com

Spouse's Signature Not Needed

Don't Be Fooled By Imposters

Plus Court Fee - Without Children - With This Ad

EXPIRES 2/28/2015

Law Office of Glenn S. Kessler
25 Years' Experience

CONSIDERING BANKRUPTCY? (718) 488-9100

32 Court St., Suite 704, Brooklyn • DebtfreeNYC.com

Free Consult, Friendly, Personal Service
Affordable Fees, Payment Plans

We are a debt-relief agency. We assist in filing for relief under the Bankruptcy Code.

IMPORTANT INFORMATION:

All classified advertising is subject to the terms and conditions of the applicable Metro Classified rate card and to approval and acceptance at Metro U.S. option. Metro U.S. reserves the right to edit, reject, cancel or reclassify an ad, and reserves the right to convert any classified advertising to alternative formats for use and publication in other Metro U.S. publications. It is the advertiser's sole responsibility to check each ad the first day it is published. Metro U.S. assumes no responsibility for any reason, for any error or omission in any ad.

JOBS

General Help Wanted

Atmack® Real Estate Sales
People Wanted Lic & Unlic.,
\$HIGH% We pay 4 your
Classes: 855-286-2251 Ext.100

**Full Time Positions
WE ARE HIRING**
No Experience Required
We Provide Full
Training for Accepted
Applicants
Looking for Individuals
who can start ASAP
Health Benefits, Hourly
Pay + Commission and
Bonuses
Call 718-210-3639

JOBS

General Help Wanted

**NYC Management
company seeks Garage
Parking Attendants for
both F/T and P/T
positions.**

-Must be able to drive manual transmission vehicles. -Minimum of 6 months garage experience is preferred. -Must have good communication skills. -Must have a clean DMV record (Valid drivers' license in NY, NJ or CT ONLY) -We offer a competitive salary. -Union enrollment is eligible after passing a probation period.

***If you're interested in this position, please fax resume or contact information to:**
Fax #: 212-991-0911
Attn: "J.V."

General Help Wanted

Drivers Independent Contractors
(Long Island City) Tri-state courier service. Minimum 1 year experience. Must have own vehicle with commercial plates or own helper. Steady work and great rates. Bring your driver's license, SS card, registration and insurance card. Apply at: MitchellDataMovers 47-11 Austell Place Long Island City, NY 11101 See Rich between 10AM and 4PM Monday to Friday only.

TELMKTRS F/T EXP ONLY! MADE YOU LOOK!!!

Now All You Have To Do is
Call. Salary + Comm. +
Bonus = \$8-\$12/Hr.
David (212) 563-7500

Cleaning Custodian

High Rise Buildings
FT/PT Available
Up to \$16.50/hr
Call Now:
347-600-2679

SERVICES

FREE PERSONALITY TEST

Test the 10 key traits that determine your future
success and happiness, and find out
how to improve them.

(212) 921-1210 **Church of Scientology of
New York** 227 W 46th St.

Services

REDUCE YOUR CABLE BILL!

Get an All-Digital Satellite System installed for FREE and programming starting at \$19.99/mo. FREE HD/DVR upgrade for new callers,
SO CALL NOW
877-356-0526

PSYCHICS

Mr. SAIDOU
International Spiritualist Medium & Psychic
Over 40 yrs exp. Bring back loved ones in the Quickest Way, Stop Infidelity, Business Success, Exams & Career, Black Magic Specialist, Clear Negativity, Bad Luck, Protection, Sexual Problems etc. Results in 7 Days Guaranteed. Call 516-206-8543 and 646-339-9948

Services

Psychics

Kalimata Astrological Reader
Pandit: SANJEEV BABAJI

BORN TO SERVE PEOPLE
GENERATION TO GENERATION

Are you suffering from problems like Love, Marriage, Relationships, Business, Sexual, Enemy, Court, Jealousy, etc? Meet me... I will remove a Demony, Bad Luck, Witchcraft, Curses, Jadoo, Haddoo, Black magic, Bura & Protect you
Brings Loved ones Back
Private & Confidential
347-279-2835
131-11 Liberty Ave
Richmond Hill NY 11419
Private House

Psychics

INDIAN SPIRITUAL MASTER
MR. SURYA

For Every problem
There is a solution!

- LOVE
- JOB
- HEALTH
- DIVORCE
- FAMILY
- MONEY
- GOOD LUCK
- COURT CASES
- SEXUAL PROBLEM
- ENEMY ETC!

100% REMOVAL OF BLACK MAGIC BAD LUCK, EVIL SPIRIT, & GIVE HOLY SPIRIT PROTECTION!
BRINGS LOVED ONES BACK
165th street, Jamaica, NY 11432
347-873-7532

AFRICAN ADVISOR & SPIRITUALIST

MR SHEIKH SALEEM,
6TH GENERATION OF
AFRICAN MEDIUM,
CAN HELP YOU OUT
OF DESPAIR, SEVEN DAY RESULTS

Levo specialist, Reunite lovers even hopeless cases, Business success, Release from spell, Clear Negativity, Strong Voodoo, Black Magic, Court issues, Family problems, Drugs, Careers, Exams, Gambling, Luck, Protection, Impotency/Infertility & more.
917-254-6647
116TH/7TH AVE
WWW.AFRICANMEDIUM.COM

PROFESSOR SHEIKH IBRAHIM
SPIRITUAL HEALER AND
CLAIRVOYANT
SPECIALIZE IN
RELATIONSHIP,
MARRIAGE & LOVE,
BREAK BLACK MAGIC,
BAD LUCK, BUSINESS,
JOB, EXAMS, DIVORCE,
COURT CASES,
IMMIGRATION, ETC
SEEK HELP FROM
MR. IBRAHIM
Results between 3/7 days!
www.psychicourmar.com
CALL NOW
212.316.0567 OR 646.239.4298

PSYCHICS

WORLD FAMOUS INDIAN SPIRITUALIST
PANDIT: RAMAN SHASTRY

Are you disappointed meeting astrologers & not getting solutions then meet once.

- Marriage Problems
- Business Problems
- Spiritual Problem
- Money Problems
- Sexual Problems
- Family Argument
- House Problems
- Love Problems
- Worried about loved one
- Enemy Problems
- Husband Wife Problems
- Jealousy

**REMOVAL OF BLACK MAGIC
OBIYA, VODOO, EVIL SPIRITS
FOREVER. HAVE A PEACEFUL LIFE**

**347-341-2541
347-968-9576**

103-02 Lefferts Blvd. S.Richmond Hill
NY 11419 (Private House)

HOLY SPIRITUAL HEALER
GURU RAM MAHADEV
(MASTER OF PSYCHICS & PANDITS
SERVICED IN 30 COUNTRIES)

BRINGS BACK LOVED ONES
EXPERT IN REMOVING BLACK MAGIC
OBEAH - VODOO - BAD LUCK &
GIVEN LIFETIME PROTECTION.
SOLVES PROBLEMS IN LOVE, FAMILY
HEALTH - AIDS - MONEY - JOB & ETC.

**917-891-5147
FREE READING**

SHIVA SHANKAR
ASTROLOGICAL CENTRE
Pandit: Gangadhar

Expert in
Reading, Past,
Present & Future

100% GUARANTEE

Solves Problems Like
Depression, Love, Job,
Money, Business, Jealousy
Husband-Wife, Jealousy etc

REMOVES VODOO, EVIL SPIRITS,
OBEAH, BLACK MAGIC, BAD
LUCK, JADOO, CURSE ETC

Removing your Pain is My Goal

347-705-2147

104-12 115th Street
Richmond Hill, NY 11419

INSIDE PRIVATE HOUSE

Mr. Khalifa International
African Spiritual Healer &
Chiropractor with 39 yrs.
exp. Helping ppl across the
world. Solves problems: Bad
Influences, Blockages, Disease,
Sexual problems, Bad
Luck, Business success,
Black Magic, Exams, Court,
Marriage & Relationships.
Call Mr. Khalifa. Results
Within 7 nights. 646.339.2285
or 646.630.6383

Psychics

INDIAN VEDIC
ASTROLOGER & PSYCHIC READER
PANDIT: VIJENDRA SHARMA

There is a unique
method to predict all
your problems.

REGARDLESS HOW DIFFICULT
THEY MAY APPEAR TO BE

VIJENDRA CAN HELP SOLVE
ALL KINDS OF PROBLEMS IN YOUR

LIFE. WE CAN HELP YOU
WITH ANY OF THE FOLLOWING
PROBLEMS: MONEY, LOVE, CAREER,
HEALTH, FAMILY, CHILDREN, ETC.

WE CAN HELP YOU
WITH ANY OF THE FOLLOWING
PROBLEMS: MONEY, LOVE, CAREER,
HEALTH, FAMILY, CHILDREN, ETC.

WE CAN HELP YOU
WITH ANY OF THE FOLLOWING
PROBLEMS: MONEY, LOVE, CAREER,
HEALTH, FAMILY, CHILDREN, ETC.

WE CAN HELP YOU
WITH ANY OF THE FOLLOWING
PROBLEMS: MONEY, LOVE, CAREER,
HEALTH, FAMILY, CHILDREN, ETC.

WE CAN HELP YOU
WITH ANY OF THE FOLLOWING
PROBLEMS: MONEY, LOVE, CAREER,
HEALTH, FAMILY, CHILDREN, ETC.

WE CAN HELP YOU
WITH ANY OF THE FOLLOWING
PROBLEMS: MONEY, LOVE, CAREER,
HEALTH, FAMILY, CHILDREN, ETC.

WE CAN HELP YOU
WITH ANY OF THE FOLLOWING
PROBLEMS: MONEY, LOVE, CAREER,
HEALTH, FAMILY, CHILDREN, ETC.

WE CAN HELP YOU
WITH ANY OF THE FOLLOWING
PROBLEMS: MONEY, LOVE, CAREER,
HEALTH, FAMILY, CHILDREN, ETC.

WE CAN HELP YOU
WITH ANY OF THE FOLLOWING
PROBLEMS: MONEY, LOVE, CAREER,
HEALTH, FAMILY, CHILDREN, ETC.

WE CAN HELP YOU
WITH ANY OF THE FOLLOWING
PROBLEMS: MONEY, LOVE, CAREER,
HEALTH, FAMILY, CHILDREN, ETC.

WE CAN HELP YOU
WITH ANY OF THE FOLLOWING
PROBLEMS: MONEY, LOVE, CAREER,
HEALTH, FAMILY, CHILDREN, ETC.

WE CAN HELP YOU
WITH ANY OF THE FOLLOWING
PROBLEMS: MONEY, LOVE, CAREER,
HEALTH, FAMILY, CHILDREN, ETC.

WE CAN HELP YOU
WITH ANY OF THE FOLLOWING
PROBLEMS: MONEY, LOVE, CAREER,
HEALTH, FAMILY, CHILDREN, ETC.

WE CAN HELP YOU
WITH ANY OF THE FOLLOWING
PROBLEMS: MONEY, LOVE, CAREER,
HEALTH, FAMILY, CHILDREN, ETC.

WE CAN HELP YOU
WITH ANY OF THE FOLLOWING
PROBLEMS: MONEY, LOVE, CAREER,
HEALTH, FAMILY, CHILDREN, ETC.

WE CAN HELP YOU
WITH ANY OF THE FOLLOWING
PROBLEMS: MONEY, LOVE, CAREER,
HEALTH, FAMILY, CHILDREN, ETC.

WE CAN HELP YOU
WITH ANY OF THE FOLLOWING
PROBLEMS: MONEY, LOVE, CAREER,
HEALTH, FAMILY, CHILDREN, ETC.

WE CAN HELP YOU
WITH ANY OF THE FOLLOWING
PROBLEMS: MONEY, LOVE, CAREER,
HEALTH, FAMILY, CHILDREN, ETC.

WE CAN HELP YOU
WITH ANY OF THE FOLLOWING
PROBLEMS: MONEY, LOVE, CAREER,
HEALTH, FAMILY, CHILDREN, ETC.

WE CAN HELP YOU
WITH ANY OF THE FOLLOWING
PROBLEMS: MONEY, LOVE, CAREER,
HEALTH, FAMILY, CHILDREN, ETC.

WE CAN HELP YOU
WITH ANY OF THE FOLLOWING
PROBLEMS: MONEY, LOVE, CAREER,
HEALTH, FAMILY, CHILDREN, ETC.

WE CAN HELP YOU
WITH ANY OF THE FOLLOWING
PROBLEMS: MONEY, LOVE, CAREER,
HEALTH, FAMILY, CHILDREN, ETC.

WE CAN HELP YOU
WITH ANY OF THE FOLLOWING
PROBLEMS: MONEY, LOVE, CAREER,
HEALTH, FAMILY, CHILDREN, ETC.

WE CAN HELP YOU
WITH ANY OF THE FOLLOWING
PROBLEMS: MONEY, LOVE, CAREER,
HEALTH, FAMILY, CHILDREN, ETC.

WE CAN HELP YOU
WITH ANY OF THE FOLLOWING
PROBLEMS: MONEY, LOVE, CAREER,
HEALTH, FAMILY, CHILDREN, ETC.

WE CAN HELP YOU
WITH ANY OF THE FOLLOWING
PROBLEMS: MONEY, LOVE, CAREER,
HEALTH, FAMILY, CHILDREN, ETC.

WE CAN HELP YOU
WITH ANY OF THE FOLLOWING
PROBLEMS: MONEY, LOVE, CAREER,
HEALTH, FAMILY, CHILDREN, ETC.

WE CAN HELP YOU
WITH ANY OF THE FOLLOWING
PROBLEMS: MONEY, LOVE, CAREER,
HEALTH, FAMILY, CHILDREN, ETC.

WE CAN HELP YOU
WITH ANY OF THE FOLLOWING
PROBLEMS: MONEY, LOVE, CAREER,
HEALTH, FAMILY, CHILDREN, ETC.

WE CAN HELP YOU
WITH ANY OF THE FOLLOWING
PROBLEMS: MONEY, LOVE, CAREER,
HEALTH, FAMILY, CHILDREN, ETC.

WE CAN HELP YOU
WITH ANY OF THE FOLLOWING
PROBLEMS: MONEY, LOVE, CAREER,
HEALTH, FAMILY, CHILDREN, ETC.

Career Training

CNA TRAINING \$535
Home Health Aide
Training \$340

Immediate Job
Placement Assistance
Fordham Institute in
Queens 718-480-1804

HHA/CNA Training
NYSED

Slow learner? Long time
out of school? Placement
Assistance. Job
Placement Assistance
\$14.00/per hr
Call #718.349.8003

metro
CLASSIFIEDS

To place an ad call
866-900-9473
or visit us at
www.metro.us

DEADLINE: 2 BUSINESS
DAYS PRIOR TO
PUBLICATION AT 4 PM.

CAREER TRAINING

Access Careers
Brooklyn
www.AccessCareers.Edu

CALL NOW
866-487-5432

HealthCare Program

- * Medical Assistant
- * Nurse Aide (CNA)
- * EKG & Phlebotomy
- * Physical Therapy Aide
- * Patient Care Technician
- * ESL / CPR



IT Tech Program

- * A+, N+, MCSE, CCNA
- * Comp. Programming
- * Comp. Networking



* Licensed by NYSED & Accredited Institute
Financial Aid Available if you Qualify

Ultrasound
Med Assistant (RMA)
Pharmacy Tech (PTCB)
Dialysis Technician

Nursing Assistant (CNA)	\$699
EKG & Phlebotomy Combo	\$699
Patient Care Technician (CPT)	\$699
Medical Billing (CBCS)	\$699
Med Off Administration (CMAA)	\$999
Pharmacy Technician (PTCB)	\$999
CPR (By American Heart Association Valid 2yrs)	\$80

Financial Aid
Available If
You Qualify

NEW YORK MEDICAL CAREER TRAINING CENTER

500 8th Ave. NY • 212-947-4444 • Close to Penn Station & Port Auth
36-09 Flushing Main St. • 718-460-4340 • Corner of Main Street & Northern Blvd
www.nymedtraining.com

FOLLOW US
ON INSTAGRAM!

meironewyork

REAL ESTATE

Rooms for Rent

Affordable Furnished Rooms
in Manhattan

Utilities Included
Same Day Move In
Cable, TV, Internet
No Credit Check
\$125 per week • Call 212-862-0030

100's Available, All Boroughs



Private Entry Bath Cooking
1 Person/2 Person \$125/wk up room rentals
Studios \$900/up
212-697-3598

All Manhattan/Bronx



Furnished Rooms For Rent!
Cable/Internet Ready! Move
In Today! All utilities Inc.
Starting Just \$125/wk.
Call Us Now: (212) 368-2685

ENTERTAINMENT

HOT LOCAL CHAT

100's of Sexy
Singles
On Line Now

800-838-2561

REAL HORNY GIRLS

LIVE 1 ON 1

800-963-4536

NEW YORK's
HOTTEST CHAT

100's of Sexy
Singles
On Line Now

646-507-5155

GAY & BI CHAT

646-507-5151

LD RATES APPLY

America's
Premier
Psychics
Live Psychic
Reading

877-998-FATE (3283)

\$3.99/min

Entertainment only 18+

LEGAL NOTICES

NOTICE IS HEREBY GIVEN that a license, Number Pending for Restaurant Wine has been applied for by the undersigned to sell Wine & Beer at retail in a Restaurant under the Alcoholic Beverage Control Law located at 641 Hancock St., aka 238 Malcom X Blvd., Brooklyn, NY 11233 for on-premise consumption. The Antagonist Hospitality Group, LLC.

NOTICE IS HEREBY GIVEN that a license, Number 1284801, for Beer, Wine & Liquor has been applied for by the undersigned to sell Beer, Wine & Liquor at retail in a Restaurant under the Alcoholic Beverage Control Law at 9011 3rd Ave., Brooklyn, NY 11209, Kings County, for on-premise consumption. Kalodine Enterprises, Ltd.

NOTICE IS HEREBY GIVEN, PURSUANT TO LAW, that the NYC Department of Consumer Affairs will hold a Public Hearing on Wednesday, April 15, 2015 at 2:00 p.m. at 66 John Street, 11th floor, on a petition for 449 Restaurant, Inc. to continue to maintain, and operate an unenclosed sidewalk café at 449 3rd Avenue in the Borough of Manhattan for a term of four years.

REQUESTS FOR COPIES OF THE PROPOSED REVOCABLE CONSENT AGREEMENT MAY BE ADDRESSED TO: DEPARTMENT OF CONSUMER AFFAIRS, ATTN: FOIL OFFICER, 42 BROADWAY, NEW YORK, NY 10004.

metro
Everything you need to know.

Advertise with Metro today!

(212) 457-7735 or advertising@metro.us

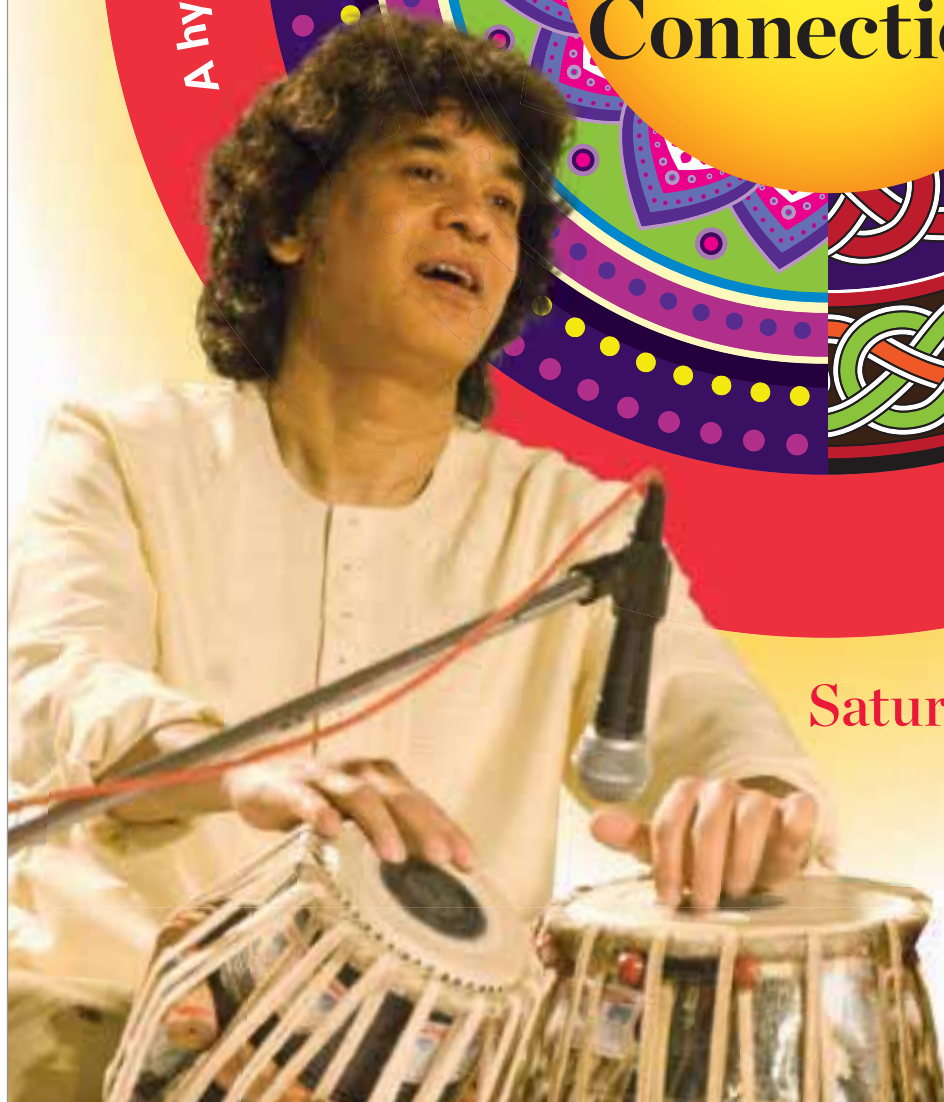
media.metro.us

CARNEGIE HALL

presents

A hypnotic, pulse-quickenning, constantly surprising fusion of Indian and Celtic music

Zakir Hussain's Pulse of the World: Celtic Connections



Saturday, March 28 at 8 PM

carnegiehall.org

212-247-7800

Box Office at 57th and Seventh

Artists, programs, and dates subject to change. © 2015 CHC. Photo by Susana Millman.



Proud Season Sponsor